

# RICK MILLER, MSC., BSC., RD

---

Tel. 07966544934  
[rick@millerhealth.london](mailto:rick@millerhealth.london)

King Edward VII's Hospital  
5-10 Beaumont Street  
Marylebone  
W1G 6AA  
[www.rickmillerdietitian.co.uk](http://www.rickmillerdietitian.co.uk)

---

## **Registrations**

Healthcare Professions  
Council - DT25651

Gibraltar Medical  
Registration Board - 60422

Senior Associate of the  
Royal Society of Medicine

## **PROFILE**

Over 15 years experience as a clinical and sports dietitian with experience across the National Health Service in the UK, private medical sector, higher education academia and as an expert witness.

## **DIETITIAN EXPERIENCE**

### **NHS Dietitian — 2010-2013**

Various locum and full time posts as a clinical dietitian, covering all demographics of patient across in-patient and outpatient settings.

### **Lecturer Nutrition & Dietetics — 2014-2015**

Maternity leave post managing undergraduate, postgraduate and PhD support programs for students in Nutrition and Dietetics courses at London Metropolitan University. Lecturing covered all aspects of preparation for clinical practice including supervision of student placements across U.K. hospitals.

### **Private Dietitian, Rick Miller Ltd — 2012-Present**

Principal in-patient and outpatient dietitian at King Edward VII's Hospital, Marylebone and Vithas Xanit Medico Clinic, Gibraltar. My experience covers all ages of patient including paediatric allergy and food hypersensitivity, gastrointestinal disorders, cardio respiratory disease, recovery from surgery, enteral and parenteral feeding regimes, eating disorders (child and adult) and other mental health issues.

Director of Miller Health a mens' health clinic based at 25 Harley Street, London focusing on mens' specific wellbeing, exercise prescription and hormonal replacement therapies in association with clinical staff.

### **Expert Witness, Dietetics and Nutrition - 2018-Present**

Provided more than 20 CPR 35-compliant reports for review by the court upon instruction by legal firms on various medical negligence claims, including paediatric cases, enteral feeding regimes, malnutrition, complications related to nutrition arising from surgical complications, medication misadministration and wider.

## **EDUCATION**

**University of St Andrews - BSc.(Hon) Human Biology, 2007**

**Loughborough University - MSc. Sport & Exercise Nutrition, 2008**

**Leeds Metropolitan University - PGDip. Dietetics, 2010**

**Cardiff University/Bond Solon - Expert Witness Certificate, 2023**