### Dr Giulia Bellesi (BSc, MSc, PhD, DClinPsy)

Consultant Clinical Neuropsychologist Court of Protection/Office of the Public Guardian Special Medical Visitor

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#### **Summary**

I am a Consultant Clinical Neuropsychologist, registered with the Health and Care Professions Council (HCPC). I am a Chartered Member of the British Psychological Society (BPS), a full member of the Division of Clinical Neuropsychology, and listed on the **UK Specialist Register of Clinical Neuropsychologists** (SRCN), recognised as the gold standard for neuropsychology practice in the **UK**.

My clinical expertise centres on working with individuals with traumatic and other forms of acquired brain injury, as well as a wide range of neurological conditions including epilepsy, brain tumours, multiple sclerosis, encephalitis, and various forms of dementia. I provide specialist neuropsychological assessment using a broad range of psychometric tools, to evaluate the effects of neurological illness on cognitive functioning and emotional wellbeing, support diagnosis, monitor change, and/or inform care planning. Additionally, I provide evidence-based neurorehabilitation and psychotherapeutic interventions, delivered one-on-one or as part of a multidisciplinary team.

I have held several NHS posts, and since 2024 I have been employed by Cleveland Clinic London, where I run an outpatient neuropsychological assessment and treatment clinic. Since 2019, I have also worked in independent practice with individuals who have sustained brain injuries and are pursuing personal injury claims. Additionally, since 2020, I have been a Special Medical Visitor to the Office of the Public Guardian and the Court of Protection, regularly conducting independent mental capacity assessments to support them in their roles, and completing 20-30 assessments per year for them.

A core aspect of my work across all roles is the preparation of **high-quality reports** for various purposes, including treatment planning, rehabilitation, and informing legal proceedings. I am committed to providing clear, independent opinions in line with my responsibilities to the court and have completed **Bond Solon training on expert witness report writing.** 

Alongside my clinical practice, I lecture on neuropsychology-related topics and have published several articles in academic journals, focusing on brain injury, cognitive difficulties, and their impact on behaviour and daily functioning.

#### **Professional Experience**

# Consultant Clinical Neuropsychologist Cleveland Clinic London Part-time Special Medical Visitor Office of Public Guardian and Court of Protection Part-time Consultant Clinical Neuropsychologist Private practice Part-time 2019 – current

# Principal Clinical Psychologist in Neuropsychological Rehabilitation (Band 8b)

Acute and Hyperacute Stroke units, Princess Royal University Hospital

Part-time

2021 – 2024

#### Highly Specialist Clinical Psychologist in Neuropsychological Rehabilitation (Band 8a)

Friends' Stroke Unit and Outpatient Stroke Clinical Neuropsychology Clinic, King's College Hospital

Part-time

2020 – 2021

#### Highly Specialist Clinical Psychologist in Neuropsychological Rehabilitation (Band 8a)

Frank Cooksey Rehabilitation Unit, Orpington Hospital

Full-time 2018 – 2020

#### Clinical Psychologist Trainee

Institute of Psychiatry, Psychology, and Neuroscience, King's College London

2015-2018

Clinical placements undertaken during training: Lambeth Talking Therapies (IAPT); Croydon CAMHS; Croydon Memory Service; Clinical Neuropsychology department, Frank Cooksey Rehabilitation Unit, Orpington Hospital; Clinical Neuropsychology department (diagnostics division), King's College Hospital; Tics and Neurodevelopmental Movements (TANDeM) service, Evelina Hospital

#### **Assistant Psychologist**

Experience gained at: Kingston CAMHS; Royal Hospital for Neuro-disability; Specialist Tourette's Clinic, St George's Hospital

Part-time 2011-2012

#### Research Assistant

Department of Experimental Psychology, University College London

Part-time 2011-2012

#### **Education**

# Clinical Neuropsychology MSc

University of Bristol 2019-2025

#### Clinical Psychology Doctorate (DClinPsy)

Institute of Psychiatry, Psychology, and Neuroscience, King's College London 2015- 2018

PhD

Department of Experimental Psychology, University College London 2012-2015

Thesis title: "Everyday Social Functioning in Autism Spectrum Disorder")

**BSc Psychology,** 1<sup>st</sup> Class Hons

Department of Experimental Psychology, University College London 2008-2011

High School Diploma (Diploma di Maturità Scientifica), 100/100

Liceo Scientifico F. Enriques, Livorno, Italy 2003-2008

#### **Publications**

Ford, C.E.L., Thorogood, B., Kontou, E., **Bellesi, G.,** Griffiths, M., & Green, S. (2024). "Emotionally, there is no such thing as a minor stroke". Neuropsychological support after stroke at the UK Stroke Forum 2023. *The Neuropsychologist, 17*, 4-6.

Brown, L., Fish, J., Mograbi, D., **Bellesi, G.,** Ashkan, K., Morris, R. (2021). Awareness of deficit following traumatic brain injury: a systematic review of current methods of assessment. *Neuropsychological Rehabilitation*, *31*, 154-188.

**Bellesi, G.,** Jeraj, S., Manley, J., Tekes, S., Basit, H., & McNulty, N. (2020). Why do Black Caribbean women benefit less from talking therapies? A pilot study in an inner London IAPT service. *Clinical Psychology Forum*, *326*, 24-29.

Jameel, L., Vyas, K., **Bellesi, G.,** Crawford, S., & Channon, S. (2019). Thinking about other's mistakes: contrasting patterns of performance in groups high or low in autistic or psychopathic traits. *Cognitive Neuropsychiatry*, 24, 369-385.

**Bellesi, G.,** Barker, E., Brown, L., & Valmaggia, L. (2019). Paediatric traumatic brain injury and antisocial behaviour: are they linked? A systematic review. *Brain Injury, 33,* 1272-1292.

**Bellesi, G.** & Morris, R. (2018). Using smartphone apps for neuropsychological rehabilitation and the creation of an 'apps' hub. *The Neuropsychologist*, 6, 31-38.

**Bellesi, G.,** Vyas., K., Jameel, L., & Channon, S. (2018). Moral Reasoning in Adults with Autism Spectrum Disorder. Research in Autism Spectrum Disorder, 52, 1-11.

Vyas, K., Jameel, L., **Bellesi, G.,** Crawford, S., & Channon, S. (2017). Derailing the trolley: everyday utilitarian judgments in groups high versus low in psychopathic traits or autistic traits. *Psychiatry Research*, 250, 84-91.

**Bellesi, G.,** Jameel, L., Vyas, K., Crawford, S., & Channon, S. (2016). Using and reasoning about social strategies in autism spectrum disorder in everyday situations. *Research in Autism Spectrum Disorder, 25*, 112-121.

Jameel, L., Vyas, K., **Bellesi, G.,** Channon, S. (2015). Great expectations: the role of rules in guiding prosocial behaviour in groups with high versus low autistic traits. *Journal of Autism and Developmental Disorders*, 45, 2111-2322.

Jameel, L., Vyas, K., **Bellesi, G.,** Roberts, V., & Channon, S. (2014). Going 'Above and Beyond': are those high in autistic traits less pro-social? *Journal of Autism and Developmental Disorders, 44,* 1846–1858.

# **Professional Memberships**

- BPS Specialist Register of Clinical Neuropsychologists (SRCN)
- British Psychological Society (chartered status) and Division of Neuropsychology
- Expert Witness Institute ('Affiliate' member)
- HCPC registered (PYL36297)

# **Training**

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•	'Excellence in Report Writing' training day, delivered by Bond Solon	2025
•	Attendance of the annual Court of Protection Special Visitors conference/training day	2020-ongoing
•	Mindfulness-Based Cognitive Therapy Programme for IoPPN DClinPsy trainees	2017
•	13th Annual Course in Neuroradiology and Functional Neuroanatomy (UCL)	2013

# **Additional Information**

- I am bilingual (Italian and English) and have experience working with interpreters
- Enhanced DBS clearance
- Clean driver's license