

# **CURRICULUM VITAE**

**MR. AMR FAHMY**

**MBBCh, MSc, MRCS(Irl), MD (Soton, UK)**

Consultant Trauma & Orthopaedic Spinal Surgeon

H Senior Clinical Lecturer- Anglia Ruskin University

Invited Reviewer for the British Medical Journal (BMJ)

## PERSONAL DETAILS

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- **Forename:**                      • Amr
- **Surname:**                      • FAHMY
- **Date of Birth:**                • 25<sup>th</sup> May 1973
- **Telephone:**                    • +44 (0)778 9145217 (mobile)
- **E-Mail addresses:**        • [mr.amrfahmy@icloud.com](mailto:mr.amrfahmy@icloud.com)
  
- **Address:**                      108 Elizabeth Gardens  
Rochford, Essex  
SS4 1FX  
UK

## QUALIFICATIONS

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- **Doctorate in Medicine MD**      Southampton University      **October 2013**  
(UK)
- **Intercollegiate**                      RCS (Ire.)                      **December 2008**  
**MRCS**
- **MSc (Trauma and**                      Cairo University, Kasr Al      **November 2002**  
**Orthopaedics)**                      Aini Hospital, Egypt.
- **Health care & Hospital**              American University in      **January 2002**  
**Management Postgraduate**      Cairo- School of Business,  
**Diploma**                      Economics &  
Communication- Institute of  
Management Development.  
Egypt.
- **MBBCh.**                                  Faculty of Medicine, Cairo      **November 1996**  
University, Egypt

## **PROFESSIONAL MEMBERSHIP & REGISTRATION**

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- Member of North American Spine Society      Registration Since May 2015.
- The General Medical Council (UK)              Registration Number 6044819.
- The British Medical Association (UK)          Registration Number 8270803.
- Egyptian Medical Syndicate (Egypt)           Registration Number 128639.

## **CAREER AIMS**

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### **~ The short term aims:**

Within my role as Consultant Spinal Surgeon:

I can see significant potentials in building the spinal service in my current position. I am privileged to take the responsibilities of consultant in spinal surgery. Despite being familiar with most of the clinical duties, it remains challenging to deal with the managerial aspect of the post. ie allocate theatre time, building the spinal firm, collaboration from different specialties.

**~ The longer term aims:** I envisage driving the spinal services forward toward building full spinal service that is able to deliver the following:

- 1- Multidisciplinary Team approach for the spinal service. This may include MDT Meeting.
- 2- Cervical Spine service.
- 3- Spinal Trauma services
- 4- Endoscopic Spinal Surgery

## **ACADEMIC & HONORARY AWARDS, PRIZES AND AFFILIATIONS**

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- **Feb 23- Current**  
Honorary Spinal Surgeon- Royal London Hospital Spinal Unit. Barts Health NHS FT
- **April 22- Current**  
Honorary Spinal Surgeon- Queens Neurosurgical Unit. BHR NHS FT
- **Oct 2015 (current)** I have been honored with the Senior Clinical Lecturer position at Anglia Ruskin University in Essex, UK.
- **Jan. 2012** Awarded for teaching and training Orthopaedics Surgeon in Helmia Hospital Egypt between 9th to 22nd January 2012 and solving real clinical problems while performing knee surgeries.  
Minster of Defense- Armed Force Medical Service. Egypt
- **June 2011** Awarded “*Prize of the Year for the Best Podium Presentation*”. 4<sup>th</sup> Egyptian Society for the Surgery of the Hand and Microsurgery International Meeting. (ESSHM 2011). Luxor-Egypt.
- **Dec. 2010** Newcomb Library & Information Services.  
Homerton University Hospital.  
Awarded a prize for the successful submission to BMJ Case Reports.
- **June 2000** Acknowledged in “El Masry AlYoom- Local newspaper in Cairo EGY” For high standards of ethics and medical care during mass crises in the country.

## **TEACHING SKILLS**

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- 15/12/2012      **Knee Soft Tissue- Life Surgery- Training**  
El Hylmiya Military Hospital- Cairo. Egypt
- 24/02/2012      **Clinical Assessment Examiner Training**  
Southampton University- Faculty of Medicine Final
- 28/09/2011      **Clinical Communication Proficiency Assessment** for European  
Union Doctors- Barts & the London Hospital, London Deanery-UK
- 31/08/2011      Examiner for the **BM Finals Exams (OSCE exam)**  
School of Medicine- Southampton University.
- 11/06/2011      **Teaching for the Orthopaedic Review Course & Orthopaedic Skills**  
**Course.**  
The 6<sup>th</sup> Of October University Hospital. Cairo Egypt.
- 06/2010- 06/2011      Responsible for at Homerton Hospital, presented the following:
- Cauda Equina Syndrome.
  - Journal Club.
  - Osteochondral defects.
  - Osteomyelitis.
- 2007- 2009      CNS examination for **4<sup>th</sup> Year medical students** at School Of  
Medicine. University of Southampton

## **MANAGERIAL PROJECTS**

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### **Oct 2022- Current**

Trauma and Orthopaedics Clinical Lead  
MSE NHS FT- Basildon and Thurrock University Hospital site.

### **June 2020- Oct 2022**

Trauma and Orthopaedics Clinical Governance Lead  
Basildon and Thurrock University Hospitals

### **2014-2015**

The Royal National Orthopedic Hospital  
Introduced standardized protocol and pathways for all spinal procedures provided at the spinal deformity unit. The project is progressing, currently taking advice from the trust legal advisors.

### **2010- 2011**

Homerton University Hospital  
Helping in

- Organizing and running the on-call rota for the junior doctors in the Trauma & Orthopaedics Department.
- Introduction of the FY1 Information Sheet for the new FY1 doctors in the T&O Department
- Clinical Pathway for the fracture NOF patients.
- Patient Information sheets: Mallet Finger injuries, Arm in Cast and Leg in Cast.

### **2005-2006**

Southampton University Hospital  
Neurosurgical Intensive Care Unite NICU  
Development of the protocol of Neurological Assessment for the Spinal patients admitted to the NICU.

### **Sep. 2001- Aug. 2002**

Pyramids Hospital- Gieza Cairo, EGYPT.  
Responsible for the following:

- All Junior Doctors Rota.
  - Organizing the on-call rota for junior doctors in all departments.
  - '*Liaison*' for inter-hospital transfers team.
- Managing the Orthopaedic Surgical Implants (Trauma related implants) Instrumentation project completed in April 2002.
  - Technical specification advisory committee.

**WORK EXPERIENCE IN THE UK**

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<b>06/10/2015 - Current</b>	Consultant Spine Surgeon Clinical Lead for T&O	Basildon & Throuck university Hospital Fixed Term Contract
<b>04/ 03/2014 - 05/ 10/2015</b>	Spinal Fellowship Trauma and Orthopaedic	Royal National Orthopaedic Hospital. Working for Mr. H. Nooredeen.
<b>30/08/2013 - 04/03/2014</b>	Spinal Fellowship Trauma and Orthopaedic	James Cook University Hospital. Working for Mr. Hekal.
<b>08/08/2012 - 05/03/ 2013</b>	LAT ST5/6 Trauma and Orthopaedic	Northern Deanery. James Cook University Hospital. Working for Mr. Liow, Mr. Stewart and Mr. McVie then North Tees Hospital working for Mr. A Middleton
<b>04/04/2012 - 07/08/2012</b>	LAT ST4 Trauma and Orthopaedic	North East London Deanery. The Royal London Hospital. Working for Mr. Peter Bates
<b>02/06/2010 - 03/04/2012</b>	LAT ST3/4 Trauma and Orthopaedics	North East London Deanery. Homerton University Hospital. Working for Mr. A. Khan and Mr. C. Mbubaegbu.
<b>01/04/2009 - 18/05/2010</b>	Registrar. Trauma and Orthopaedics	Hillingdon Hospital- Uxbridge Working for Mr. Shaun Ridgeway.
<b>02/08/2006 - 31/03/2009</b>	Research project leading to DM degree	University of Southampton supervised by Dr. H Rassouliau.
<b>03/08/2005 - 01/08/2006</b>	SHO Neurosurgery	Wessex Neuroscience Center. Mr. Brooke Prof. Gray & Mr. Sepahi
<b>02/02/2005 - 02/08/2005</b>	SHO Cardiothoracic Surgery	Wessex Cardiac Center- Southampton. Working for Mr. S A Livesy
<b>04/08/2004 - 01/02/2005</b>	SHO Trauma and Orthopaedics	Derriford General hospital, Plymouth. Mr. Halawa, Mr. Fekry & Mr. Keenan
<b>01/10/2003 - 03/08/2004</b>	SHO Trauma and Orthopaedics	Southampton General Hospital. Working for Mr. P. Chapman- Sheath
<b>29/08/2003 - 30/09/2003</b>	SHO Trauma and Orthopaedics	Cheltenham General Hospital. Cheltenham Working for Mr. David McKenna

<b>05/02/2003 -</b> <b>05/08/2003</b>	SHO Trauma and Orthopaedics	Torbay Hospital, Torquay, Devon. Working for Mr. A.G. MacEachern, and
<b>16/08/2002 -</b> <b>04/02/2003</b>	SHO Trauma and Orthopaedics	Dorset County Hospital, Dorset. Mr. G. Hall.

### **WORK EXPERIENCE OUTSIDE THE UK**

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<b>29/09/2001 -</b> <b>09/08/2002</b>	Resident Doctor Spinal surgery unit (Registrar equivalent)	Pyramids Hospital- Gieza Cairo, EGYPT Prof. Talaat El Hadidi, <i>MD</i> , Professor of Orthopaedics & Spinal Surgery, Cairo University.
<b>30/09/2000 -</b> <b>28/09/2001</b>	Resident Doctor Pediatric Orthopaedics Surgery (Registrar equivalent)	Pyramids Hospital- Gieza Cairo, EGYPT Prof. N El-Basha, <i>MD</i> , Professor of Orthopaedics, Cairo University
<b>04/09/1999 -</b> <b>29/09/2000</b>	Resident Doctor General Trauma and Orthopaedics.	Pyramids Hospital- Gieza Cairo, EGYPT Mr. A Zayed, FRCS
<b>06/03/1999 -</b> <b>26/08/1999</b>	Resident Doctor Accident and Emergency	Pyramids Hospital- Gieza Cairo, EGYPT. Prof H Hessen <i>MD</i> , Professor of Orthopaedics, Banha University
		<ul style="list-style-type: none"> <li>▪ Pyramids Hospital is a teaching hospital affiliated to Cairo University and one of the largest trauma centers in Cairo.</li> <li>▪ Gained experience in management of wide spectrum of Orthopaedics emergencies as well as open reduction and internal fixation of fractures.</li> <li>▪ Worked in Arthroplasty Unit, Spinal Unit and Ilizarov Unit.</li> <li>▪ Gained experience in postoperative patient care as well as assisting in many of the joint replacement operations.</li> </ul>
<b>06/10/1998 -</b> <b>05/03/1999</b>	Resident Doctor-Accident and Emergency	Al-Ariesh Hospital, Sinai, Egypt
<b>01/03/1998 -</b> <b>29/09/1998</b>	Resident Doctor-General Surgery	Al Safaa Hospital, Cairo, Egypt.

01/03/1997 - 28/02/1998	HOUSE OFFICER Cairo University Hospitals, Egypt	Rotated through 2 months posts in General Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, Cardiology and Orthopaedics & Trauma.
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## **PUBLICATION**

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- Kamp JPM, Bartlett J, **Fahmy A**, To K, Hossain R, Akula M. CT-guided vs. fluoroscopically guided transforaminal epidural steroid injections for lumbar radiculopathy: a comparison of efficacy, safety and cost. Arch Orthop Trauma Surg. 2022 Apr 14. doi: 10.1007/s00402-022-04436-y. Epub ahead of print. PMID: 35420357.
- Anuhya Vusirikala, Marwan Saleh, Edward Laurent, Tessa del Castillo, Ranjith R. Kuzhupilly, **Amr Fahmy**, Dimitrios Tsekis. Restarting Elective Orthopaedic Surgery During the COVID-19 Pandemic: Lessons Learned. Cureus. 2021 Jul 12;13(7):e16343. doi: 10.7759/cureus.16343. PMID: 34395125; PMCID: PMC8357344.
- Nanjundappa S. Harshavardhana, **Amr Fahmy**, M.H. Hilali Noordeen Surgical Results of Magnet-driven Growing Rods (MdGR) for Early-onset Scoliosis (EOS) at a Minimum Follow-up of Five Years. *Spine Deformity*, Volume 3, Issue 6, Page 622, November 2015.
- Malagelada, Francesc; Sewell, Mathew D.; **Fahmy, Amr**; Gibson, Alexander Long-term clinical and radiological outcomes of Copenhagen syndrome with 19 affected levels: a case report  
The Spine Journal , Volume 15 (4) – Apr 1, 2015
- Charalampia Kyriakou, Anand Patel, Shivan Jassim, Adam Benton, Susanne Selvadurai, Syed Aftab, **Amr Fahmy**, Mathew Sewell, Joseph Butler, Sean Molloy. Management of vertebral compression fractures (VCFS) in multiple myeloma (MM) patients with balloon kyphoplasty (BKP).  
The Spine Journal 03/2015; 15(3). DOI:10.1016/j.spinee.2014.12.065.
- F. Malagelada, S. Tibrewal, G. A. Lucar, L. Jeyaseelan, **A. Fahmy**, J. S. Gonzalez. Combined Type II Odontoid Fracture With Axis Anterior Arch Fracture: A Case Report in an Elderly Patient  
Geriatric Orthopaedic Surgery & Rehabilitation 02/2014; 6(1):37-41.02/2014; 6(1):37-41
- Malagelada F, Sewell MD, **Fahmy A**, Gibson A.

Long-term clinical and radiological outcomes of Copenhagen syndrome with 19 affected levels: a case report.

Spine J. 2014 Dec 6. pii: S1529-9430(14)01775-6. doi: 10.1016/j.spinee.2014.12.005.

- S. Molloy, M. D. Sewell, A. S. Patel, **A. Fahmy**, J. Platinum, S. Selvadurai, R. Hargunani and C. Kyriakou.  
Does Balloon Kyphoplasty Restore Height And Correct Deformity For Cancer-Related Vertebral Compression Fractures With Posterior Vertebral Body Wall Defects?  
Bone Joint J Oct. **2014** vol. 96-B no. SUPP 15
- **Amr Fahmy**  
core.ac.uk/display/29040797  
Measuring the pressure of the intervertebral disc. 2013.  
OAI identifier: oai:eprints.soton.ac.uk:361604.  
Provided by: e-Prints Soton.
- **Amr Fahmy**, Nick Antonakopoulos, Amer Khan. Acromial-Impression Fracture of the Greater Tuberosity with Massive Rotator Cuff Tear- This Need Not Be a Nightmare!  
BMJ March. 2011. Published online 2011 March 1.  
PMCID: PMC3062885.
- R. A. Saad, **A A Fahmy**, M H Ahmed. Fatal Fat Embolism Complicating Cemented Total Knee Replacement: Another Manifestation Of Metabolic Syndrome? Archives of Orthopaedic and Trauma Surgery, Volume 127, Number 5 / July, 2007
- **Fahmy A**, Vajramani GV. Smiling Face Odontoid. Neurol India 2006; 54:457.
- A N. Mohrram, W. T. Koptan, K S A Elmeguid, **A. Fahmy**. Endoscopic Versus Open Carpal Tunnel Release A Randomised Controlled Trial. Med. J. Cairo University 2004; 72(2): 39-43.

## PRESENTATIONS

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- 11<sup>th</sup> July 2015 **Evaluation of Sagittal Profile in Ambulatory Children with Early-onset Scoliosis (EOS) Treated by Magnet driven Growing Rods (MdGR) at Two Years.** The 22<sup>nd</sup> International Meeting on Advanced Spine Techniques (IMAST), Kuala Lumpur, Malaysia.
- 9<sup>th</sup> July 2015 **Surgical Results of Magnet driven Growing Rods (MdGR) for Early-onset Scoliosis (EOS) Secondary to Neuromuscular (NMS) and Syndromic Scoliosis (SS) at One Year.** The 22<sup>nd</sup> International Meeting on Advanced Spine Techniques (IMAST), Kuala Lumpur, Malaysia.
- 11<sup>th</sup> June 2015. **Unique Device Related Complications Specific to Magnet driven Growing Rods (MdGR) used in Surgical Management of Early-onset Scoliosis (EOS).** The 14<sup>th</sup> International Phillip Zorab Symposium, The Royal College of Surgeon of Edinburgh, UK.
- 12<sup>th</sup> June, 2015 **Surgical Results of World's First Three Magnet driven Growing Rod (MdGR) Graduates for Early-onset Scoliosis (EOS).** The 14<sup>th</sup> International Phillip Zorab Symposium, The Royal College of Surgeon of Edinburgh.
- 06<sup>th</sup> June 2014 **Periosteal Flap for Treatment of Lower Limb Muscle Hernia**  
**The EFORT Conference, London, UK.**
- 17<sup>th</sup> Dec. 2012 **Knee Soft tissue injuries, Experience from London Olympics 2012.**  
64<sup>th</sup> EOA International Meeting. Cairo, Egypt.
- 23<sup>rd</sup> May 2012 **Palmaris Longus Muscle; Unusual Cause for CTS, Excise or Release?**  
EFFORT Meeting. Berlin, Germany.
- 17<sup>th</sup> Nov. 2011 **The Rare Association Of Posterior Shoulder Dislocation & Anatomical Neck Humeral Fracture.**  
FASSGEM Conference 2011 Crewe, Cheshire, UK
- 12<sup>th</sup> Oct 2011 **The Reversed Palmaris Longus Muscle; Unusual Cause for CTS, Excise or Release?**  
4<sup>th</sup> Egyptian Society for the Surgery of the Hand and Microsurgery International Meeting. (ESSHM 2011) Luxor-Egypt
- 8<sup>th</sup> June 2011 **Osteomyelitis: Review and the New Trends in Management.**  
6<sup>th</sup> October University- Cairo Egypt

- 12<sup>th</sup> Feb. 2011 **Management of Orthopaedic Trauma- A Brief History!**  
Trauma Presentation Day- Homerton University Hospital.  
Queen Elizabeth II Conference. Westminster
- 24<sup>th</sup> June 2005 **Circumflex artery aneurysm unusual finding during the CABG**  
HeartBeat Wessex Cardiology Regional Meeting.
- 6<sup>th</sup> Jun. 2002 **The Lumbar Disc Prosthesis in Degenerative Disc Disease** Presented  
at the Orthopaedics Discussion Seminar, Cairo University.
- 22<sup>nd</sup> Jan. 2002 **Marketing in Health Care and Hospital Management.**  
American University In Cairo AUC.

### **TEACHING & ACADEMIC ACTIVITIES**

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- July 15- Current **I act as an invited reviewer for the British Medical Journal case report.**
- 15<sup>th</sup> -20<sup>th</sup> Dec. 12 **Teaching arthroscopic Soft tissue Knee surgery- Life surgery course.**  
Visiting Surgeon in El Hylmiya Military Hospital. Cairo-Egypt.
- 31 Aug. 11 Examiner for the **MBBCh Finals Exams**  
School of Medicine- Southampton University.
- 11 Jun.11 **Teaching for the Orthopaedic Review Course & Orthopaedic Skills Course.**  
Visiting Lecturer in *6<sup>th</sup> of October University Hospital.* Cairo Egypt.
- Jun. 10- Jun. 11 Responsible for at Homerton Hospital, presented the following:
  - Cauda Equina Syndrome.
  - Journal Club.
  - Osteochondral defects.
  - Osteomyelitis.
- Apr. 09 **Cauda Equina Syndrome** presentation for the Orthopaedics departmental meeting- Hillingdon Hospital.
- 2007- 2009 CNS examination for **4<sup>th</sup> Year medical students** at School Of Medicine. University of Southampton
- 14 Oct. 04 Presentation for **Pelvic Fractures** for SHO teaching sessions. Derriford Hospital, Plymouth
- 4 Oct. 02 **Low Back Pain and Degenerative Disc Disease** Dorset County Hospital, UK.
- 2000- 2002 **Pyramids Hospital, Cairo, Egypt.**
  - Responsible for teaching, supervising and assessing the junior

doctors joining the Orthopaedics department.

- Was responsible for teaching sessions for the nursing staff in trauma and theater.

## **COURSES**

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<b>17<sup>th</sup> April 2015</b>	<b>Advanced Trauma&amp; Life Support (ATLS).</b> Royal Cornwall Hospital.
<b>15<sup>th</sup> July 2014</b>	<b>Advanced Spinal Surgery Cadaver Course.</b> St' Georges Hospital. London
<b>6-8 Feb. 2013</b>	<b>Approaches in Spinal Surgery.</b> Freeman Hospital. Newcastle
<b>12<sup>th</sup> October 12</b>	<b>The Advanced AO Course-</b> Dubai- UAE.
<b>29-30 Mar. 12</b>	<b>Future Leaders of Spine - Chapter 1</b> Warwick , UK
<b>24 Feb. 12</b>	<b>Clinical Assessment Examiner Training-</b> Southampton University UK
<b>1 Dec. 11</b>	<b>Project Management and Communication Skills.</b> Southampton UK
<b>8- 10 Jun 11</b>	<b>Basic Surgical Skills course -</b> St' Richard Hospital, Chichester, UK
<b>17- 19 Nov. 10</b>	<b>ATLS Course –</b> St Mary's Hospital-IOW, UK.
<b>7 July 10</b>	<b>Cardiff Vertebroplasty Course-</b> Cardiff University Hospital.
<b>12- 13 Dec. 07</b>	<b>European Pediatric Life Support-EPLS course.</b> Oxford University H
<b>8– 12 Jan. 07</b>	<b>Essential &amp; Further Medical Statistics: Applying SPSS.</b> Southampton University.
<b>14- 15 Nov. 06</b>	<b>Advanced life Support (ALS) -</b> Southampton University Hospital.
<b>4- 9 Oct. 06</b>	<b>Basic research Skills-School of Medicine.</b> Southampton University <b>Scientific Basis of Surgical Practice Course.</b>
<b>15 –18 Aug. 05</b>	Brighton and Sussex Medical School, Brighton.
<b>11-13 Mar. 05</b>	<b>Advanced Trauma&amp; Life Support (ATLS)</b> Southampton General H
<b>2- 4 June 03</b>	<b>Care of Critically Ill Surgical Patients (CCrISP),</b> Bedford Hospital.
<b>15–17 Feb. 00</b>	<b>AO Principles of Operative Fracture Management Course.</b> Egypt.
<b>5 –7 Oct. 00</b>	<b>2<sup>nd</sup> International surgical Conferences on Ilizarov</b> method. Egypt.
<b>14 –16 Jun. 00</b>	<b>1<sup>st</sup> Advanced Spinal Meeting.</b> Egypt.
<b>6–9 Oct. 99</b>	<b>1<sup>st</sup> International surgical conference on Ilizarov</b> method. Egypt.

## AUDIT

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- Dec. 2012                      **James Cook University Hospital- Orthopaedic Department**  
Auditing the follow up protocol post Dupuyten  
Contracture release.  
In progress.
- Apr 10- Oct. 11                **Homerton Hospital- Orthopaedic Department**
- **T&O operating lists data accuracy.**  
*79% accurate data entry.*
  - **Handover for the overnight T&O admissions.**  
*22% of patients not handed over from the night team.*
- Apr. 09- Apr. 10              **Hillingdon Hospital**
- **Morbidity and Mortality** figures for Spinal team at Hillingdon Hospital.
  - Infection rate post spinal surgery.
- July 2004                        **Southampton General Hospital.**
- **Waiting Time for C-Spine Radiological Clearance**  
*Mean waiting time is 34 hours (average 4.5 -64 h)*
- May 2003                        **Torbay District Hospital**
- **Protocol for Management of Open Fractures**  
*Completed audit cycle reviewing with 39% improvement in management of open fractures*

## INTERESTS

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I enjoy the following sports and social activities:

Motorbike Tours and Safari Trips