

DR ALESSANDRA DE ACUTIS CURRICULUM VITAE

Expert Witness Psychologist

PROFESSIONAL PROFILE

HCPC, BPS and ICF accredited Senior Psychologist and Coaching Psychologist with over 20 years of clinical and coaching experience across NHS, private practice and corporate settings.

Specialist expertise in psychological assessment, report writing, including personal injury, PTSD, stress-related conditions and income protection claims.

Experienced in producing clear, evidence-based expert reports. Skilled in PTSD, trauma, anxiety, depression, burnout, and complex mental health presentations, with a strong understanding of risk, functional impact and prognosis.



CONTACT

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CORE LANGUAGE SKILLS:

FLUENCY IN ENGLISH AND ITALIAN
(MOTHER TONGUE)

KNOWLEDGE OF SPANISH AND
FRENCH AT A-LEVEL GRADE

CONVERSATIONAL PORTUGUESE
AND RUSSIAN

EXPERT WITNESS EXPERIENCE

- Preparation of medico-legal reports for psychological injuries, including PTSD and stress-related conditions
- Assessment of psychological impact, causation, prognosis and treatment recommendations
- Experience contributing to income protection and personal injury claims
- Ability to present complex psychological information clearly for legal professionals
- Familiarity with court-compliant report standards and deadlines

PROFESSIONAL EXPERIENCE

Coaching and Workplace Psychology (2013–Present)

- Delivery of Vision and Values Wellbeing Toolkit© to organizations including Lazard Bank and educational settings
- Stress management workshops for McKinsey & Company
- Mental health awareness training for The London Clinic
- Individual executive coaching for entrepreneurs and professionals
- Design and delivery of staff wellbeing programmes and away days

Counselling Psychology (2000–Present)

- Senior Psychologist in private practice (PPCS, 2013–2021)
- Surrey and Borders NHS Partnership – Senior Psychologist (2012–2017)
- East London NHS Foundation Trust – Acute Ward & Crisis Team Psychologist (2007–2012)
- Central and North West London NHS Trust – Addictions Team (2005–2007)
- Primary Care Trainee Psychologist (2003–2005)
- Extensive experience in trauma, crisis intervention, severe mental illness and burnout

ABOUT ME

I am passionate about delivering EXCELLENCE in whatever I do. I am happily married and the mother of two girls aged 9 and 11, and we own a terrier dog. I enjoy travelling, learning languages and daily meditation and strength training.

EDUCATION

- MSc Occupational and Business Psychology (Distinction), Kingston University (2021)
- ICF Accredited Coaching Qualification, Full Circle Development (2013)
- Doctorate in Psychotherapeutic & Counselling Psychology (BPS & HCPC accredited)
- BSc Psychology with Counselling Theory – First Class, University of West London

CORE SKILLS

- Medico-legal assessment and report writing
- Trauma and PTSD expertise
- Burnout and stress-related disorders
- Risk assessment and formulation
- Evidence-based psychological interventions
- Executive coaching and organizational wellbeing