

# PROFESSOR TONY KOCHHAR

MSc | FRCS (Tr. & Orth)

**Consultant Orthopaedic Surgeon**

Specialist in Shoulder, Elbow & Upper Limb

GMC No.  
4319913

MDU No.  
3038611

Nationality  
British

## Medicolegal Profile

<b>Speciality</b>	Orthopaedic Surgery – Shoulder, Elbow & Upper Limb
<b>Current instructions</b>	Accepts approximately 24 new instructions per annum
<b>Claimant : Defendant ratio</b>	75 : 25
<b>CPR Part 35 compliance</b>	All reports prepared in compliance with CPR Part 35 and accompanying Practice Direction
<b>Court experience</b>	Experienced in joint expert conferences, conferences with counsel, and court attendances as expert witness
<b>Instructing solicitors</b>	Claimant and Defendant firms; personal injury and employer's liability; road traffic accidents
<b>Turnaround</b>	Reports dispatched within 4–8 weeks of examination (subject to receipt of complete records)
<b>Availability for examination</b>	Appointments typically offered within 2–4 weeks of receipt of complete records
<b>PHIN Profile</b>	<a href="http://www.phin.org.uk/consultants/4319913">www.phin.org.uk/consultants/4319913</a>

## Clinical Expertise & Areas of Instruction

Professor Kochhar accepts medicolegal instructions relating to the following areas, reflecting his specialist clinical practice:

- Shoulder injuries and disorders: rotator cuff tears, impingement, instability, labral pathology, shoulder arthroplasty, acromioclavicular joint injuries
- Elbow injuries: arthroscopic reconstruction, arthroplasty, stiffness and contracture
- Upper limb trauma and fractures: proximal humeral fractures, glenoid and scapular fractures, clavicle injuries, complex upper limb reconstruction
- Hand and wrist conditions: soft tissue surgery, tendon injuries, small joint arthroplasty, de Quervain's disease
- Sports injuries: shoulder, elbow and upper limb; experience with elite athletes including professional footballers, international cricketers and combat sports athletes
- Causation, prognosis, condition and consequences reports in personal injury and employer's liability claims
- Quantum: assessment of future treatment needs, care requirements and loss of amenity

## Current Clinical Appointment

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### Consultant Orthopaedic Surgeon – London Bridge Hospital (July 2008 – Present)

Full-time Consultant with specialist interest in Shoulder, Elbow, and Upper Limb surgery. Professor Kochhar performs three elective operating lists per week and maintains an active specialist outpatient practice. His specialist procedures include:

- Arthroscopic rotator cuff repair
- Shoulder arthroplasty (primary and revision)
- Instability surgery and acromioclavicular joint reconstruction
- Elbow arthroscopic reconstruction, arthrolysis and arthroplasty
- Soft tissue hand surgery, tendon surgery and small joint arthroplasty

He was previously a Consultant Orthopaedic Surgeon at South London Healthcare NHS Trust (July 2008 – June 2014) and has held locum consultant posts at Queen's Hospital Romford and Hillingdon Hospital.

## Qualifications & Training

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2005	FRCS (Trauma & Orthopaedics) – Intercollegiate Exit Examination
2005	MSc Orthopaedic Engineering – Cardiff University
1999	MRCS
1996	MBBS – United Medical and Dental Schools of Guy's and St. Thomas' Hospitals

## Specialist Fellowship Training

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### Upper Limb Fellowship – Montpellier Hand Institute, France (2007–2008)

Under Professor Y Allieu. Specialist training in arthroscopic shoulder surgery, proximal humeral fractures, small joint arthroplasty, soft tissue hand surgery, wrist arthroplasty and hand trauma surgery.

### Shoulder Reconstruction & Trauma – Alps Surgery Institute, Annecy, France (Sep 2006 – Jan 2007)

Under Dr L Lafosse and Dr B Toussaint. Advanced arthroscopic shoulder reconstruction (primary and revision), shoulder arthroplasty, elbow surgery, glenoid/scapular fractures and complex revision humeral fracture surgery.

### AO/Synthes Trauma Fellowship – Kantonsspital, Lucerne, Switzerland (Mar–Apr 2007)

Upper limb trauma reconstruction.

## Professional Memberships & Society Affiliations

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- Fellow – British Orthopaedic Association

- Member – International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)
- Member – American Academy of Orthopaedic Surgeons
- Member – European Society of Sports Traumatology, Knee Surgery and Arthroscopy (ESSKA)
- Member – British Trauma Society
- Honorary Senior Surgical Fellow – Alps Surgery Institute, Annecy, France
- Member – Insall Club, New York, USA
- Member of Editorial Review Board – Arthroscopy Journal
- Member of Editorial Review Board – British Journal of Sports Medicine
- Member of Review Board – Scandinavian Journal of Sports Medicine

## Selected Published Work

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Professor Kochhar has an established publication record in peer-reviewed journals. Selected publications relevant to medicolegal practice include:

- Lafosse L et al (Kochhar T, corresponding author) – ALPS: Arthroscopic Latarjet Procedure for Anterior Shoulder Instability. *Arthroscopy* 2007; 23(11).
- Scuderi G, Kochhar T – Management of Flexion Contracture in Total Knee Arthroplasty. *J Arthroplasty* 2007; 22(4S):20–24.
- Kochhar T, Back DL – The Risk of Cervical Injury in Mixed Martial Arts. *BJSM* 2005; 39(7):444–447.
- Karuppiah K, Kochhar T et al – Extensor Pollicis Brevis Tendon Damage Presenting as de Quervain's Disease Following Kettlebell Training. *BMC Sports Science, Medicine and Rehabilitation* 2013; 5:13.
- Lafosse L, Kochhar T – Endoscopic Release of the Suprascapular Nerve at the Suprascapular Notch. Book chapter in: Abrams J (ed), *Rotator Cuff Injuries*. Springer, New York, 2007.

## Fee Schedule

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All fees are exclusive of VAT where applicable. The standard hourly rate for all medicolegal work is £650 per hour.

Service	Fee
Standard Medico-Legal Report (examination + up to 500 pages of records)	£2,250
Cases involving more than 500 pages of medical records	Bespoke fee (agreed in writing prior to instruction)
Supplementary Report / Responses to Part 35 Questions	£300–£650
Joint Statement (preparation, call and finalisation)	£650 per hour
Court Attendance – per half day or part thereof (6 weeks' notice required)	£1,500
Cancellation of Court Attendance – less than 4 weeks' notice	50% of attendance fee
Cancellation of Court Attendance – less than 2 weeks' notice	100% of attendance fee
Cancellation of Claimant Appointment – less than 5 working days' notice	£300
Non-attendance by Claimant without notice	£2,250 (full examination fee)

*Payment is required within 28 days of invoice. Late payments attract statutory interest under the Late Payment of Commercial Debts (Interest) Act 1998. The obligation to pay rests solely with the instructing solicitors, regardless of case outcome.*

## **How to Instruct Professor Kochhar**

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Instructions should be submitted by the instructing solicitors and should include:

- All relevant medical records and radiological investigations (X-ray, MRI, CT, ultrasound) in high-quality PDF via a recognised secure portal, or by encrypted digital means. Physical paper records are not accepted.
- Names and addresses of all treating practitioners and hospitals.
- Notification prior to instruction if the volume of medical records exceeds 500 pages, so that a bespoke fee can be agreed in writing.

All reports are prepared in compliance with CPR Part 35 and the accompanying Practice Direction. Professor Kochhar's overriding duty is to the court.

Preferred method of contact: secure email. All communications with the Claimant should be directed through the instructing solicitors.

## **Data Protection**

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All personal data and medical records are processed in accordance with the UK General Data Protection Regulation (UK GDPR) and the Data Protection Act 2018. Records are retained in secure digital format for 10 years following completion of an instruction, in line with GMC guidance, and thereafter permanently and securely deleted.

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*These terms are governed by the laws of England and Wales. Instructing Professor Kochhar constitutes acceptance of his Terms & Conditions for the Provision of Medicolegal Services (available on request or provided separately).*