

Dr Rosemary Gomes

BSc., D.Clin.Psych.

Chartered Clinical Psychologist

Health Professions Council Registration: PYL32481

Areas of expertise

Dr Rosemary Gomes is an Expert Witness Clinical Psychologist who specialises in providing independent, evidence-based psychological assessment and formulation for family court proceedings. Her practice combines clinical expertise with clear, balanced professional reporting, with a focus on the needs of both children and adults and the psychological impact of family dynamics.

Court-informed clinical judgement

With over 18 years of NHS experience, Dr Gomes has developed strong clinical competence in assessing complex family presentations. She provides structured psychological assessments that consider developmental needs, mental health functioning, attachment patterns, and family relationships, and she links findings to the relevant issues before the court.

Rigorous assessment and diagnostic awareness

Dr Gomes undertakes psychological assessments of adults, teenagers, and children, including careful consideration of neurodiversity (autism and ADHD), atypical presentations, and those diagnosed later in life. She brings confidence in assessing parenting capacity alongside psychological factors such as anxiety, depression, trauma, OCD, and personality issues. Her assessments incorporate developmental, psychological, relational and social issues through psychological formulation, combining data and reflective practice to describe findings and make conclusions. Her psychological formulations include strengths, weaknesses, capacity for change and recommendations for evidence based interventions. Dr Gomes makes considerations of learning needs, ethnic and religious background, socioeconomic factors and child protection including changes that need to be made within a child's timeframe.

Attachment, relationships and safeguarding lens

She is experienced in evaluating attachment patterns, including how these may interact with mental health difficulties and safeguarding concerns. Her approach remains formulation-led, systematically exploring relational factors and emotional needs, working safely and ethically.

Specific expertise relevant to family disputes

Dr Gomes is experienced in:

- assessing where parental alienation may be a factor
- understanding the psychological impact of domestic violence and coercive control on family functioning
- assessing the effects of substance misuse and addictions on parenting and family stability
- conducting parent-child work and relational assessments within therapeutic and court-relevant frameworks
- drawing conclusions and recommendations incorporating cultural issues and a range of perspectives

Clear communication and professional neutrality

A key strength is her ability to translate clinical findings into accessible, court-appropriate language. Dr Gomes aims to provide reports that are:

- clear and logically structured
- defensible and grounded in clinical evidence and assessment data
- fair, balanced, and focused on relevant psychological findings

Trauma and neurodiversity informed practice

Dr Gomes has experience working with trauma and complex PTSD, and she is building further expertise in EMDR for trauma-related presentations. She works confidently with neurodiverse individuals across the spectrum, including those with ADHD/autism traits or diagnoses, and she accounts for how neurodevelopmental differences may influence behaviours, communication, emotional regulation, and social interactions.

Areas of Expertise (court-relevant)

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| ❖ Independent mental health assessments of adults and children | ❖ Attachment issues |
| ❖ Parenting capacity and attachment | ❖ Trauma |
| ❖ Domestic abuse | ❖ Relational difficulties |
| ❖ Parental alienation | ❖ Substance misuse and addictions |
| ❖ Anxiety, depression, PTSD, OCD, low self-esteem and mood disorders | ❖ Neurodiversity in children and adults |
| | ❖ Parent-child work |

PROFESSIONAL QUALIFICATIONS

2015	Doctorate in Clinical Psychology, Salomons Centre for Applied Psychology, Canterbury Christ Church University
2003	BSc Psychology, 2:1, Royal Holloway, University of London

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2022, 2023	EMDR therapist (Part 1, Part 2, Part 3, Part 4)
2021	Bond Solon Excellence in Report Writing (1 day training)
2021	Bond Solon Courtroom Skills (1 day training)
2020	Foundation Course in Systemic Practice Module 2 (Camden & Islington NHS Foundation Trust)
2019	Foundation Course in Systemic Practice Module 1 (Camden & Islington NHS Foundation Trust)
2019	Positive Behavioural Support (PBS) Certificate from BILD

WORK HISTORY

2019 – Present

Senior Clinical Psychologist - Camden Parents' Wellbeing Service and Whole Family

- Specialist psychological assessment, formulation and intervention with parents presenting with complex, multigenerational difficulties and social worker involvement such as child protection or child in need plans.
- Providing training to other professionals on psychological difficulties within families.
- Consultation to social workers to foster psychological understanding and formulation.

2016 – 2020

Clinical Psychologist - Mosaic CAMHS/Tavistock & Portman NHS Foundation Trust

- Assessment, formulation, treatment of mental health conditions in children with disabilities and their family members.

- Assessment and diagnosis of ASD. Specialist National Autistic Society (NAS) programme delivery.
- Supervision of trainees and junior members of staff.
- Presentations and teaching to the CAMHS team.
- Consultation to schools, nurseries and Special Educational Needs (SEN) colleagues. providing therapeutic input to adult patients suffering from trauma-PTSD, depression, anxiety, social anxiety, relationship difficulties, stress, phobias, work related problems, parenting difficulties and other psychological problems, using an integrative approach and CBT according to patients' needs.

2017 – 2018

Senior Clinical Psychologist - Child Development Team, Enfield & CAMHS/Barnet, Enfield & Haringey Mental Health NHS Trust

- Multidisciplinary autism assessments. PBS interventions. Highly specialist clinical psychology service to 0 to 6-year-olds with disabilities and their families.
- School observations and written reports. Consultation to multidisciplinary team colleagues.
- Facilitation of post-diagnostic groups for parents. Provision of input regarding service design.

2015 – 2016

Clinical Psychologist - iCope Psychological Therapies service (Improving Access to Psychological Therapies)/ Camden & Islington NHS Foundation Trust

- Assessment and treatment of mental health difficulties in GP surgeries, providing an all age mental health service.
- Delivery of evidence-based interventions such as cognitive behavioural therapy and motivational interviewing. Case presentations.