

Dr Dimitrios Sampanis mCSP, mAPPN, mAACP, mHCPC, MSc, PhD
Highly Specialist Neuro Physiotherapist • Chartered Physiotherapist

Registered Expert Witness

Academic Qualifications

PhD Neuroscience (University of Birmingham, University of Oxford 2014)

MSc Advancing Practice – Neurophysiotherapist (University of Birmingham, 2010)

BSc (Hons) Physiotherapy (Athens Technological Institute, 2004)

Professional Qualifications & Memberships

Member, Chartered Society of Physiotherapy (mCSP, 2008–present)

Registered Physiotherapist, HCPC (mHCPC, 2008–present)

Member, Advanced Practice Physiotherapy Network (mAPPN, 2018–present)

Member, ACP Interest Group in Vestibular Rehabilitation (ACPIVR, 2013–present)

Independent Practice:

2018 - Present: **Independent Expert Witness Physiotherapist**

- Dozens of medico-legal assessments and reports for insurance and litigation
- Evaluation of long-term physiotherapy requirements following catastrophic injury
- Court appearances and preparation of expert evidence

Areas of Expertise

- Medico-legal report writing and expert evidence
- Neurorehabilitation: stroke, traumatic brain injury, spinal cord injury
- Functional assessment: gait, motor control, spasticity management
- Case management within interdisciplinary teams

Recent Instructions Include:

- Assessment of functional capacity post-spinal cord injury
 - Evaluation of motor recovery in chronic stroke survivors
 - Analysis of spasticity management programmes
 - Prognosis for return-to-work and daily living activities
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Clinical Experience

2019–Present Principal Lecturer & Subject Lead, Allied Health Programmes

St Mary's University, Twickenham, London

- Director, MSc Pre-registration Physiotherapy programme
- Academic supervision, curriculum development and HCPC/CSP compliance
- Planning for new BSc Physiotherapy degree

2017–Present Case Manager

CCMS

- Design and implementation of goal-centred care and therapy programmes
- Needs assessment, initial case reports, client account management
- Recruitment, training and supervision of support workers

2020–Present Clinical Director & Lead Physiotherapist

Home Rehab Therapists

- Leadership of outreach multidisciplinary neurorehabilitation service
- Development of care pathways and therapeutic protocols
- Quality assurance and client satisfaction oversight

2015–2019 Head of Physiotherapy & Consultant Physiotherapist – Neurological Rehabilitation

Ascot Rehabilitation, Bagshot, Sussex

- Service development and management of inpatient, outpatient and outreach teams
- Established specialist clinics: spasticity, acupuncture, hydrotherapy
- Achieved CQC, CARF and CHKS accreditations

Publications & Research

- 2020 (6 years NIHR project) University of ST Mary's and St George's NHS Trust
Prof. Marios Papadopoulos
NIHR funded programme. VISCUS trial in Neuroplasticity – Duroplasticity. Spinal Cord Injury.
- 2012 (January – December) University of Oxford
Prof. Glyn Humphreys
Post Doctoral Researcher (part-time, Band 7)
NIHR funded programme. Birmingham Cognitive Screen light version.
Assessment tool for neurological patients with aphasia, neglect, cognitive and attention deficits.

Application of a computer intervention for the rehabilitation of attention and cognition related impairments post stroke (CPAT).

- 2012 January University of Birmingham
Prof. Alan Wing, Dr. Kris Hollands
Research Associate on RfPB NIHR funded programme with title visual cues training with the first ever implemented CMILL equipment (treadmill with projection of visual cues) in UK.
Physiotherapist of the gait rehabilitation programme with the use of the treadmill.
- March, 2010 - Present University of Birmingham
Prof. Glyn Humphreys, Prof Jane Riddoch
School of Psychology in collaboration with School of Sports and Exercise at the University of Birmingham are running a project on the application of functional electrical stimulation (FES) in subacute stroke population with visuo-motor neglect.
- March, 2010 - 2012 University of Birmingham
Prof. Glyn Humphreys
I organised an intervention research project for sub-acute stroke population. The intervention used in the project is Mirror Therapy on a daily basis with patients to be scanned before and after the intervention (intervention lasts 6 weeks). Pre and post therapy fMRI is also used for the investigation of the intervention's impact on the patient's brain activity.
- March, 2010- April, 2011 University of Birmingham
Prof. Glyn Humphreys
For 6 months I organised in MatLab environment a programme to run on the fMRI scanner at the University of Birmingham's Imaging Centre. The project enabled a daily intervention using Mirror Therapy in chronic stroke survivors including pre and post fMRI.

Additional Information:

- Full-enhanced DBS clearance.
- Personal professional indemnity insurance.
- Clean driver's license.
- Fluent in English and Greek
- Experience of working with an interpreter