

MINDS IN SESSION

CLINICAL + FORENSIC PSYCHOLOGY AND PSYCHIATRY

Expert Witness Services

A portfolio of our experts for solicitors, barristers,
local authorities and commissioning organisations

Psychiatry · Clinical Psychology · Forensic Psychology
Autism and ADHD · Risk · Trauma · Family Assessments
Recommended Therapeutic Services

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Contents

Our Services at a Glance	3
---------------------------------------	----------

OUR EXPERTS

Esther M. John: Consultant Clinical and Forensic Psychologist	4
Dr Jonathan Vince: Consultant Forensic and General Adult Psychiatrist	5
Kirsten McCallum: Chartered and Registered Forensic Psychologist.....	6
Dr Virna Teixeira: Psychiatrist, Specialty Doctor in Psychiatry	7
Dr Kumar Birch: Chartered Clinical Psychologist (CYP).....	8
Dr Mehrnaz Vazirian Zadeh (Dr Naz): Clinical Psychologist	9
Dr Trene Rama: Clinical Psychologist and Senior CBT Therapist	10
 Counselling and Therapy at Minds in Session.....	11

Every expert in this portfolio holds current professional registration, enhanced DBS clearance and professional indemnity insurance, and works within Minds in Session's clinical governance framework. Reports are prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards.



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Our Services at a Glance

One instruction route, one point of contact, and a multidisciplinary, multilingual team of experts: psychiatrists, psychologists and accredited therapists. Tell us what the court needs; we match the right expert and confirm availability, fee estimate and timescale, usually within two working days.

WHAT WE ARE INSTRUCTED FOR

- **Neurodevelopmental assessment:** ADHD and autism diagnostic assessment for adults, children and young people, including forensic presentations (ADOS-2, ADI-R, DISCO accredited)
- **Forensic risk assessment:** violence, sexual offending, extremism and TACT offences, stalking, honour-based and group-based violence; parole and MAPPA
- **Psychiatric expert reports:** fitness to plead, mental state at the time of offence, intent and insanity, disposal, treatability; asylum and immigration
- **Family and parenting assessment:** global family assessments, parenting capacity, domestic abuse and coercive control, looked-after children
- **Cognitive and capacity assessment:** intellectual functioning, mental capacity, neuropsychological and dementia-related assessment
- **Trauma and psychological injury:** PTSD and complex PTSD, racial trauma, workplace bullying and harassment (Employment Tribunal and civil claims)
- **Second opinion and peer review:** independent review of existing psychological and psychiatric evidence
- **Recommended therapeutic services:** EMDR, CBT and trauma-focused therapy for clients before, during and after proceedings (see final page)

OUR EXPERTS

Consultant psychiatrists (forensic and general adult) · Clinical and forensic psychologists · BABCP-accredited therapists: profiles follow, with named accredited tools, courts and registration details for each expert.

MULTICULTURAL AND MULTILINGUAL EXPERTISE

- **Languages:** English · Portuguese · Spanish · French · Farsi

Several of our experts also bring international professional experience, having trained or held senior clinical, forensic or psychiatric roles internationally.

KEY TO ACCREDITED TOOLS AND MEASURES

HCR-20 V3: Historical Clinical Risk Management-20 · RSVP: Risk for Sexual Violence Protocol · SARA: Spousal Assault Risk Assessment Guide · SRP: Self-Report Psychopathy Scale · PCL-R: Psychopathy Checklist-Revised · PATRIARCH: guidelines for assessing risk of honour-based violence · VERA-2R: Violent Extremism Risk Assessment (Revised) · MLG: Multi-Level Guidelines for stalking risk · SAPROF: Structured Assessment of Protective Factors · IPDE: International Personality Disorder Examination · GSS: Gudjonsson Suggestibility Scale · ERG: Extremism Risk Guidance · ADOS-2: Autism Diagnostic Observation Schedule, 2nd edition · ADI-R: Autism Diagnostic Interview-Revised · DISCO: Diagnostic Interview for Social and Communication Disorders · SCID-5: Structured Clinical Interview for DSM-5 · WAIS-IV: Wechsler Adult Intelligence Scale, 4th edition

HOW TO INSTRUCT US

Scan the QR code to complete our two-minute instruction form: choose the service, the discipline (psychology, psychiatry or therapy) and a named expert or the first available with the right expertise. Your enquiry comes straight to our team.

Or email info@mindsinsession.com or call **020 3375 6687**. Typical report turnaround is 4–6 weeks from receipt of papers; urgent instructions are accommodated where possible.



[Instruction form](#)

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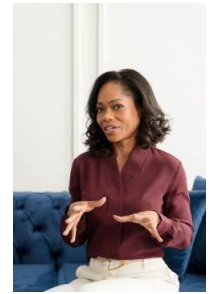
CLINICAL + FORENSIC PSYCHOLOGY AND PSYCHIATRY | EXPERT WITNESS SERVICES

Esther M. John

Consultant Clinical and Forensic Psychologist | Director, Minds in Session

CPsychol · AFBPsS · HCPC Registered Practitioner Psychologist PYL33303 · BPS 342525 · London

Esther John is a dual trained Clinical and Forensic Psychologist with over eighteen years of practice across UK and international justice, health and government settings, including senior roles with HM Prison and Probation Service, the National Crime Agency, British Overseas Territories and the Caribbean. She has prepared psychological and forensic risk reports for the courts, the Parole Board and MAPPA, and has given oral evidence in criminal justice and family proceedings. Her opinion is grounded in structured, current assessment methods and written to be clear, balanced and defensible under cross-examination.



SPECIALIST AREAS OF INSTRUCTION

- **Forensic risk assessment:** violence, sexual offending, intimate partner and honour-based violence, psychopathy, TACT offences, stalking, group-based violence
- **Suggestibility assessment:** Gudjonsson Suggestibility Scale (GSS), used with vulnerable witnesses and suspects
- **Autism and ADHD assessment:** adults, children and young people, including forensic presentations
- **Trauma, PTSD, racial trauma and complex trauma**
- **Protective factors assessment:** SAPROF
- **Personality disorder and psychopathy**
- **Cognitive and capacity assessment**
- **Parenting and family assessment:** substance misuse, domestic abuse, coercive control, parental mental health
- **Workplace psychological injury:** bullying, harassment and discrimination (Employment Tribunal and civil claims)

COURTS AND TRIBUNALS

Criminal courts · Family Court · Parole Board · MAPPA · Employment Tribunal · SEND Tribunal · Mental Health Tribunal

ACCREDITED ASSESSMENT TOOLS

HCR-20 V3 · RSVP · SARA · SRP · PCL-R · PATRIARCH · VERA-2R · MLG · SAPROF · IPDE · ADOS-2 · ADI-R · DISCO · GSS (Gudjonsson Suggestibility Scale) · cognitive and psychoeducational test batteries

SELECTED EXPERIENCE

- **HM Prison and Probation Service:** Senior psychologist, national Indeterminate Sentence Prisoners team; risk assessment and expert evidence to the Parole Board and MAPPA on high-risk, complex offenders
- **National Crime Agency:** Clinical and forensic psychologist to officers and strategic staff exposed to trauma and operational risk
- **Government of St Helena (2016–present):** Consultant clinical and forensic psychologist; court-instructed risk assessments, firearms fitness assessments and oversight of the forensic population
- **Family Court:** Parenting and psychological assessments involving substance misuse, domestic abuse and mental health; expert testimony and training of court social workers
- **Trinidad and Tobago Police Service:** first psychologist appointed to the service; assessment, intervention and policy advice at national level

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards; BPS Expert Witness and Assessing Capacity trained (2022)
- **Oral evidence:** experienced before the Parole Board, MAPPA and family proceedings; available for conferences with counsel
- **Registration:** HCPC registered; Chartered Psychologist and Associate Fellow of the British Psychological Society; BPS Register of Applied Psychology Practice Supervisors (RAPPS)
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Enhanced DBS; professional indemnity insurance in place. Assessments in person (London and nationwide by arrangement) or via secure video

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Dr Jonathan Vince

Consultant Forensic and General Adult Psychiatrist

MB BS · MRCPsych · Dip Forensic Mental Health (Distinction) · GMC 3138861, Specialist Register: Forensic Psychiatry and General Adult Psychiatry

Dr Vince is a Consultant Psychiatrist with dual entries on the GMC Specialist Register in Forensic and General Adult Psychiatry, thirty-five years in psychiatry and more than twenty-five as a consultant. He has prepared many reports for criminal, civil and family proceedings, with particular expertise in sexual offending, and has given oral evidence in court on scores of occasions. For a decade he was a consultant in a London medium secure unit, and he later led the national forensic service of Trinidad and Tobago, reporting to the courts for the whole country. His opinion is culturally informed, clearly reasoned and addressed squarely to the questions the court asks.



SPECIALIST AREAS OF INSTRUCTION

- **Fitness to plead and to stand trial**
- **Mental state at the time of offence:** intent, capacity to form intent, legal insanity
- **Pre-sentence assessment:** risk, treatability and disposal options
- **Sexual offending:** assessment and treatment (SOTP delivery with Probation)
- **Full range of psychiatric disorder:** psychosis, mood, personality disorder, PTSD, addictions, ADHD and autism
- **Simulation and malingering**
- **Asylum and immigration assessments**
- **Family and civil proceedings:** childcare, domestic violence

COURTS AND TRIBUNALS

Criminal courts · Family Court · Civil courts · Mental Health Tribunal

SELECTED EXPERIENCE

- **South West London & St George's NHS Trust (1998–2008):** consultant forensic psychiatrist, medium secure unit; court assessment, reporting and oral evidence as a core part of the role
- **North West Regional Health Authority, Trinidad and Tobago (2015–2017):** head of the national forensic unit, St Ann's Hospital; court-instructed assessments for the entire jurisdiction
- **West London NHS Trust (2017–present):** consultant psychiatrist in Hounslow, a highly diverse borough; extensive experience of assessing asylum seekers
- **Minds in Session (2019–present):** expert witness reports, supervision of clinical and forensic psychologists, and an ADHD and autism caseload

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards
- **Oral evidence:** given in court on scores of occasions across criminal, civil and family proceedings; available for conferences with counsel
- **Registration:** full GMC registration with licence to practise; dual Specialist Register entries; GMC appraisal and revalidation compliant
- **Availability:** typical turnaround 6–8 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in London or via secure video

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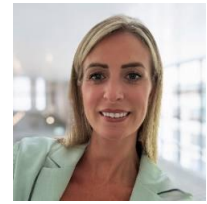
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CLINICAL + FORENSIC PSYCHOLOGY AND PSYCHIATRY | EXPERT WITNESS SERVICES

Kirsten McCallum

Chartered and Registered Forensic Psychologist

MSc · CPsychol · HCPC Registered Practitioner Psychologist PYL34511 · BPS 197344 · Accredited CBT Practitioner



Kirsten McCallum is a Chartered Forensic Psychologist with thirteen years in HM Prison and Probation Service London Psychology Services, where she completed psychological risk assessments directed by the Parole Board and gave expert evidence at oral hearings. She specialises in violent, extremist and sexual offending, personality disorder and psychopathy, and has particular expertise with gangs, county lines and young people affected by serious youth violence. She is a published researcher and an accredited CBT practitioner with schema and trauma-informed training.

SPECIALIST AREAS OF INSTRUCTION

- **All forensic risk assessments:** violence, sexual offending, extremism and radicalisation
- **Personality disorder and psychopathy**
- **Gangs, county lines and child criminal exploitation:** including family-based intervention (FFT-Gangs)
- **Young offenders and serious youth violence**
- **Parole and safer custody:** including institutional violence and PTSD
- **ADHD assessment:** trained 2024
- **Trauma and therapeutic need assessment**

COURTS AND TRIBUNALS

Parole Board (written reports and oral evidence) · Criminal courts · Family Court

ACCREDITED ASSESSMENT TOOLS

HCR-20 V3 · SAPROF · SARA v3 · PCL-R · IPDE · ERG (Extremism Risk Guidance) · WAIS-IV

SELECTED EXPERIENCE

- **HM Prison and Probation Service (2008–2021):** Registered and Chartered Forensic Psychologist, London Psychology Services; parole-directed risk assessment, oral evidence, intervention and supervision of trainee psychologists
- **London Borough of Haringey (2022–present):** Clinical Lead and trainer for the “Your Choice” intervention, a research-trialled CBT-informed programme for young people affected by serious youth violence
- **Family Psychology Mutual (2021–2022):** Functional Family Therapist (FFT-Gangs) with families at risk of county lines, exploitation and gang affiliation
- **Publications:** author of “Think & Connect” (2023), a 1:1 CBT-informed intervention; McCallum, K. (2018), Does PTSD predict institutional violence within a UK male prison population?, The Journal of Forensic Practice

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards
- **Oral evidence:** extensive experience at Parole Board oral hearings; available for conferences with counsel
- **Registration:** HCPC registered; Chartered member of the British Psychological Society, Division of Forensic Psychology
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in person (London and nationwide by arrangement) or via secure video

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CLINICAL + FORENSIC PSYCHOLOGY AND PSYCHIATRY | EXPERT WITNESS SERVICES

Dr Virna Teixeira

Psychiatrist | Specialty Doctor in Psychiatry

MD · MSc Sleep Medicine (Edinburgh) · MSc Medical Humanities (KCL) · Dip Drug Misuse Management (RCGP-accredited) · GMC 5206880

Dr Teixeira is a multi-lingual specialty doctor in psychiatry with thirty years of medical experience spanning neurology and psychiatry. Trained as a Consultant Neurologist at the University of São Paulo and on the specialist register in Brazil, she has practised psychiatry in the UK since 2015, including nearly three years at HMP Wandsworth in a dual role across the mental health Inreach team and the Integrated Drug Treatment System: extensive exposure to complex forensic presentations, dual diagnosis and neurodevelopmental conditions. She now provides ADHD assessments and psychiatric medico-legal reports, integrating psychiatric, neurological and sleep medicine expertise with a humane, evidence-based approach.



SPECIALIST AREAS OF INSTRUCTION

- **General adult psychiatry**
- **Forensic psychiatry:** custodial settings, prison transfer and care
- **Substance misuse and dual diagnosis**
- **Fraud assessments**
- **Personality disorders**
- **ADHD and adult neurodevelopmental disorders**
- **Neurology–psychiatry interface:** including organic and neuropsychiatric presentations
- **Sleep disorders:** MSc Sleep Medicine; published in the field

COURTS AND TRIBUNALS

Criminal courts · Civil courts · Mental Health Tribunal

LANGUAGES

Languages: English · Portuguese · Spanish · French

SELECTED EXPERIENCE

- **HMP Wandsworth (2022–2024):** Specialty Doctor across Inreach mental health and IDTS; forensic psychiatric assessment of complex comorbidity and expert report experience
- **Vincent Square Eating Disorders Unit, CNWL (2019–2021):** specialist eating disorder psychiatry, including acting-up consultant responsibilities
- **NHS psychiatry (2015–2019):** acute wards, PICU, recovery and liaison settings including Bethlem Royal Hospital and Maudsley PICU
- **Consultant Neurologist, Brazil (1999–2014):** hospital, emergency and oncology neurology; public-sector drug and alcohol services including work with young offenders
- **Minds in Session (2025–present):** ADHD assessments and psychiatric medico-legal reports for private and NHS-commissioned services

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards
- **Registration:** full GMC registration with licence to practise since 2015; GMC appraisal and revalidation compliant (last revalidated March 2025); Affiliate Member, Royal College of Psychiatrists
- **Insurance:** specialist medical indemnity in place
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in person (London and nationwide by arrangement) or via secure video

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Dr Kumar Birch

Chartered Clinical Psychologist (CYP)

DClinPsy · BSc (Hons) · PGDip · HCPC Registered Practitioner Psychologist PYL37804 · BPS 256960

Dr Birch is a Chartered Clinical Psychologist who has worked in mental health since 2008 across forensic, CAMHS, dementia and cognitive assessment, looked-after children and adult settings. Since qualifying he has specialised in child and family work, with extensive experience of trauma and PTSD, child protection, risk and safeguarding. He completes the full range of expert psychological assessments in family, criminal and civil law: from global family assessments to cognitive, capacity and forensic risk: and is Bond Solon trained in expert witness report writing and courtroom skills.



SPECIALIST AREAS OF INSTRUCTION

- **Global family assessments:** parents and children, parenting-only and child-only assessments
- **Trauma, PTSD and racial trauma**
- **Forensic risk:** adult and adolescent
- **Domestic abuse:** individual and relational dynamics
- **Looked-after children and CAMHS:** attachment, exploitation, challenging behaviour
- **Cognitive and IQ assessment; mental capacity:** including dementia and mild cognitive impairment
- **ADHD and Autism assessment:** ADOS-2 and ADI-R trained
- **Substance misuse**

COURTS AND TRIBUNALS

Family Court · Criminal courts · Civil courts

ACCREDITED ASSESSMENT TOOLS

ADOS-2 · ADI-R · SCID-5 · HCR-20 · RSVP · cognitive and neuropsychological batteries. Various child and adolescent assessment instruments

SELECTED EXPERIENCE

- **East London NHS Foundation Trust (2019–2024):** Highly Specialist Clinical Psychologist in CAMHS; complex trauma, looked-after children, child protection consultation to social workers and professional networks
- **North London Forensic Service (2013–2016):** HMP YOI Feltham and medium secure settings; HCR-20 and RSVP risk assessments, offender intervention and risk management
- **Camden and Islington NHS Foundation Trust:** dementia and cognitive assessment, adult mental health under the Mental Health Act, pain management
- **Private practice (2020–present):** expert witness assessments and reports in legal proceedings; therapy with adults and couples including domestic abuse and racial trauma

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards; Bond Solon Expert Witness Report Writing and Courtroom Skills trained
- **Registration:** HCPC registered; Chartered member of the British Psychological Society
- **Enhanced DBS and professional indemnity insurance in place**
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in person (London and nationwide by arrangement) or via secure video

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Dr Mehrnaz Vazirian Zadeh (Dr Naz)

Clinical Psychologist

DClinPsy (Cardiff) · MSc (First Class) · HCPC Registered Practitioner Psychologist PYL046814 · Assessments in English and Farsi

Dr Vazirian Zadeh is an HCPC-registered Clinical Psychologist with NHS experience spanning forensic inpatient services, acute mental health, traumatic brain injury and neuropsychology, and health psychology. She provides psychological, cognitive and neuropsychological assessment, ADHD diagnostic assessment, and expert reporting on the psychological impact of illness, injury and adverse experience. She is a published researcher in risk and self-injury, offers assessment in both English and Farsi, and works with strong awareness of the cultural and systemic factors that shape people's lives.



SPECIALIST AREAS OF INSTRUCTION

- **Psychological assessment and formulation:** anxiety, depression, trauma, OCD, interpersonal difficulty
- **Cognitive and neuropsychological assessment:** including traumatic brain injury
- **ADHD diagnostic assessment:** formally trained (The Spectrum Clinic)
- **Psychological impact of illness and injury:** long-term conditions, oncology, palliative contexts
- **Risk assessment:** HCR-20 experience in forensic and acute settings
- **Culturally informed assessment:** conducted in English or Farsi

COURTS AND TRIBUNALS

Family Court

LANGUAGES

Languages: English · Farsi

SELECTED EXPERIENCE

- **Maggie's Cancer Centre, Cardiff (2026–present):** Clinical Psychologist; specialist therapy across the cancer pathway, safeguarding lead, clinical supervision
- **Cardiff and Vale UHB (2022–2025):** doctoral training across oncology, neuropsychology, learning disability and child services; ACT, CBT, CFT, DBT and systemic models
- **Aneurin Bevan UHB Forensic Psychiatry Service (2019–2021):** assessment, intervention and risk assessment in forensic inpatient settings
- **Swansea Bay UHB (2019–2022):** traumatic brain injury neuropsychology; acute unscheduled care including HCR-20 risk assessments
- **Publications:** research on hopelessness and self-injury (Suicide and Life-Threatening Behavior, 2021) and psychosocial impact in Parkinson's disease (Movement Disorders, 2023)

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards
- **Registration:** HCPC registered; BABCP Level 1 CBT accreditation; AFT foundation-level systemic accreditation
- **Professional indemnity insurance in place**
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in person (London and nationwide by arrangement) or via secure video

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Dr Trene Rama

Clinical Psychologist | Senior BABCP-Accredited CBT Therapist

DClinPsy (Cardiff) · MSc Applied Psychology · HCPC Registered Practitioner Psychologist PYL047632 · BABCP Accredited

Dr Rama is a Clinical Psychologist practising in a medium secure forensic service, where she conducts structured psychological, risk, cognitive and personality assessments and prepares reports for Mental Health Tribunals and Care Programme Approach reviews. She is a BABCP-accredited high-intensity CBT therapist and EMDR-trained clinician with particular expertise in trauma, PTSD and complex PTSD, and contributes psychologically informed input to multidisciplinary risk management and discharge planning.



SPECIALIST AREAS OF INSTRUCTION

- **Forensic inpatient assessment:** structured risk, cognitive and personality measures
- **Trauma, PTSD and complex PTSD:** EMDR and cognitive therapy for PTSD
- **Offending behaviour and emotional regulation:** individual and group intervention
- **Mental Health Tribunal reporting:** tribunal and CPA documentation in secure settings
- **CBT assessment and treatment:** BABCP-accredited high-intensity therapist
- **Neurodivergence and learning disability:** child and adult service experience

COURTS AND TRIBUNALS

Mental Health Tribunal · Family Court

SELECTED EXPERIENCE

- **Caswell Clinic, Swansea Bay UHB (2025–present):** Specialist Clinical Psychologist in medium secure forensic services; assessment, formulation, therapy, tribunal reporting and MDT risk management
- **Cardiff University DClinPsy (2022–2025):** placements across trauma pathway (EMDR, CT-PTSD), looked-after children, learning disability and neurodivergence, adult CMHT and older adult neuropsychology
- **Berkshire Talking Therapies (2021–2022):** BABCP-accredited high-intensity CBT therapist
- **NHS psychological therapies (2016–2021):** psychological wellbeing practitioner and long-term conditions pathway lead

INSTRUCTION AND COMPLIANCE

- **Reports** prepared to CPR Part 35, FPR Part 25 and CrimPR Part 19 standards
- **Registration:** HCPC registered Clinical Psychologist; BABCP-accredited CBT therapist; EMDR Parts 1 and 2 trained
- **Availability:** typical turnaround 4–6 weeks from receipt of papers; urgent instructions accommodated where possible. Assessments in person (London and nationwide by arrangement) or via secure video

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EXPERT WITNESS SERVICE | CLINICAL + FORENSIC PSYCHOLOGY and PSYCHIATRY | COUNSELLING + THERAPY SERVICES

Counselling and Therapy

Alongside our expert witness practice, Minds in Session provides counselling and therapy for clients involved in court and legal proceedings, delivered by HCPC-registered psychologists and BABCP-accredited therapists. Legal proceedings are rarely the end of the story: clients, families and witnesses often need skilled therapeutic support before, during and after a case concludes. We accept referrals from solicitors, local authorities, insurers and case managers, and we match every referral to the right clinician.

WHAT WE OFFER

- **Trauma-focused therapy:** EMDR, trauma-focused CBT and cognitive therapy for PTSD and complex PTSD
- **Cognitive behavioural therapy (CBT):** BABCP-accredited practitioners for anxiety, depression, OCD and adjustment
- **Workplace wellbeing support:** for individuals affected by workplace stress, bullying or harassment
- **Therapy for neurodivergent adults, young people and parents:** post-diagnostic support for ADHD and autism, including support for parents of neurodivergent children
- **Systemic, couples and family work:** including relational harm and family repair
- **Support around domestic abuse and stalking:** trauma-informed, risk-aware therapeutic support for victims and offenders
- **Bereavement and traumatic loss:** support following sudden or traumatic bereavement
- **Culturally responsive and racial trauma-informed practice:** including assessment and therapy in English and Farsi
- **Therapy connected to legal proceedings:** support pre- and post-litigation, including for those affected by abuse, injury or workplace harm

THE THERAPY TEAM

- **Fungai Gonhi:** Senior CBT Psychotherapist (BABCP), EMDR specialist, anxiety, depression, trauma and workplace wellbeing
- **Dr Richard Wilkes:** Consultant Counselling Psychologist (HCPC); trauma, bereavement and emotional recovery; leads a specialist neurodiversity service with particular expertise in autism and ADHD
- **Dr Mehrnaz Vazirian Zadeh (Dr Naz):** Clinical Psychologist (HCPC); integrative, evidence-based therapy including CBT, ACT and compassion-focused approaches, in English or Farsi; health, illness and adjustment specialism
- **Dr Whitney Nyarambi:** CBT Therapist (BABCP) and EMDR Specialist and Clinical Psychologist; evidence-based therapy for common mental health difficulties, racial trauma.
- **Kirsten McCallum:** Chartered Forensic Psychologist and accredited CBT practitioner; schema-informed and trauma-informed therapy, family-based intervention

HOW TO REFER

Referrals are triaged by our clinical team and matched to the most suitable clinician, usually within one week. Sessions are available via secure video nationwide and in person in London. All clinicians hold current registration, enhanced DBS clearance and professional indemnity insurance, and work under regular clinical supervision within our CQC-aligned governance framework.

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