

CURRICULUM VITAE

Alexis Michael Philip Schizas

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Qualifications	2011	MD(Res).
	2010	FRCS (Gen Surg).
	2009	MSc Surgical Practise.
	2003	MRCS (Eng).
	1999	MB BS Lond.
	1996	BSc (Hons) in Physiology 2:1.

Current Position

Oct 11 - present Consultant General and Colorectal Surgery. Guy's and St Thomas' NHS Foundation Trust

Leadership Roles

2022 - present	SEL General Surgery Clinical Lead, South East London APC
2021 - present	Clinical Director, Gastrointestinal Medicine and Surgery, Guy's and St Thomas' NHS Foundation Trust
2024 -2026	Regional Clinical Director for General Surgery within the London Elective Improvement Team
2020 - 2021	GI Surgery Service Lead, Guy's and St Thomas' NHS Foundation Trust
2016- 2020	Colorectal Surgery Service Lead, Guy's and St Thomas' NHS Foundation Trust
2017-2020	South East London Accountable Clinical Network Chair for Colorectal Cancer
2017 -2020	Director for The School of Anorectal Dysfunction, International Continence Society Institute

Specialist clinical interests

Pelvic floor conditions

- Faecal incontinence and urgency
- Defaecatory difficulties (obstructed defaecation, constipation related to pelvic floor dysfunction)
- Rectal prolapse and rectocoele
- Pelvic floor imaging and physiology

Colorectal cancer surgery

- Complex primary rectal and colonic cancers
- Locally advanced and recurrent disease requiring multidisciplinary management

Anal cancer surgery

Robotic minimally invasive colorectal surgery

Perianal and benign colorectal disease

Proctology

- Anal fistula and fissure
- Haemorrhoids (including surgical management)
- Anal sepsis

Selected Publications

Patient preference of integrated total pelvic floor ultrasound versus defaecatory proctography. Idowu E, Ralston C, Solanki D, Ferrari L, Williams A, Schizas AM, Hainsworth AJ. *Ultrasound*. 2025 Jul 8;34(1):56-63. doi: 10.1177/1742271X251346946. eCollection 2026 Feb. PMID: 40642154

Socio-demographic and clinical predictors for initiation of rectal irrigation in patients with evacuation disorders. Gala T, Fernandes A, Saini M, Sarzo C, Shahzad N, Igbedioh C, Ferdinand S, Schizas A, Ferrari L, Hainsworth AJ. *Br J Nurs*. 2025 Jun 19;34(12):626-634. doi: 10.12968/bjon.2025.0040. PMID: 40540334

Hyperspectral abdominal laparoscopy with real-time quantitative tissue oxygenation imaging: a live porcine study. MacCormac O, Horgan CC, Waterhouse D, Noonan P, Janatka M, Miles R, Jacobs J, Dockerill C, Trotouin T, Schizas A, Seeliger B, Ourselin S, Ebner M, Vercauteren T, Shapey J. *Front Med Technol*. 2025 Jun 5;7:1549245. doi: 10.3389/fmedt.2025.1549245. eCollection 2025. PMID: 40538619

Reply to Editorial Comment on "Urological Outcomes and Adverse Events Following Total Pelvic Exenteration for Locally Advanced and Recurrent Rectal Cancer: A Single-center Retrospective Study". Sahai A, Kerdegari N, Schizas A. *Urology*. 2025 Apr;198:169. doi: 10.1016/j.urology.2025.02.011. Epub 2025 Feb 17. PMID: 39970962

Can we use integrated total pelvic floor ultrasound as a screening tool in defaecatory pelvic floor dysfunction? A prospective evaluation of the accuracy of integrated total pelvic floor ultrasound compared with defaecation proctography. Ralston C, Reena M, Solanki D, Morris S, Schizas AMP,

Williams AB, Hainsworth AJ. Colorectal Dis. 2025 Feb;27(2):e17274. doi: 10.1111/codi.17274. PMID: 39948825

Urological Outcomes and Adverse Events Following Total Pelvic Exenteration for Locally Advanced and Recurrent Rectal Cancer: A Single-center Retrospective Study. Kerdegari N, Singh CT, MacAskill F, Allen C, Malde S, Nair R, Thuraija R, Khan MS, George M, Schizas A, Sahai A. Urology. 2025 Apr;198:160-166. doi: 10.1016/j.urology.2024.12.021. Epub 2024 Dec 20. PMID: 39710077

Real-world data evaluating Guy's rapid diagnostic clinic as an alternate pathway for patients with FIT levels below 10. Monroy-Iglesias MJ, Martin S, Cargaleiro C, Jones G, Steward L, Murtagh C, Bruno F, Millwaters J, Schizas A, Watson H, Haire A, Haire K, Moss CL, Russell B, Srirajaskanthan R, Van Hemelrijck M, Dolly S. BMJ Open. 2024 Apr 15;14(4):e080285. doi: 10.1136/bmjopen-2023-080285. PMID: 38626962

The empty pelvis syndrome: a core data set from the PelvEx collaborative. PelvEx Collaborative. Br J Surg. 2024 Mar 2;111(3):znae042. doi: 10.1093/bjs/znae042. PMID: 38456677

Beating the empty pelvis syndrome: the PelvEx Collaborative core outcome set study protocol. PelvEx Collaborative. BMJ Open. 2024 Feb 5;14(2):e076538. doi: 10.1136/bmjopen-2023-076538. PMID: 38316595 Free PMC article.

Racial Disparities in Pelvic Floor Disorders. Sarzo C, Nurmahomed N, Ralston C, Igbedioh C, Schizas A, Hainsworth A, Ferrari L. Ann Surg. 2024 Dec 1;280(6):979-985. doi: 10.1097/SLA.0000000000006221. Epub 2024 Jan 31.

Is an uncomplicated postoperative recovery following total pelvic exenteration a more important prognostic factor than achieving R0 in the first 2 years? Ralston C, Hainsworth A, de Naurois J, Schizas A, George M. Colorectal Dis. 2024 Jan;26(1):73-80. doi: 10.1111/codi.16817. Epub 2023 Dec 9.

Empty pelvis syndrome: PelvEx Collaborative guideline proposal. PelvEx Collaborative. Br J Surg. 2023 Nov 9;110(12):1730-1731. doi: 10.1093/bjs/znad301.

Pelvic floor imaging in asymptomatic subjects. Hainsworth AJ, Premakumar YS, Griffin N, Solanki D, Morris SJ, Ferrari L, Emmanuel A, Taylor S, Schizas AMP, Williams AB. Colorectal Dis. 2023 Oct;25(10):2001-2009. doi: 10.1111/codi.16709. Epub 2023 Aug 13.

Intraoperative bowel perfusion assessment methods and their effects on anastomotic leak rates: meta-analysis. Renna MS, Grzeda MT, Bailey J, Hainsworth A, Ourselin S, Ebner M, Vercauteren T, Schizas A, Shapey J. Br J Surg. 2023 Aug 11;110(9):1131-1142. doi: 10.1093/bjs/znad154.

Preoperative predictors of success after transvaginal rectocoele repair. Ferrari L, Cuinas K, Hainsworth A, Darakhshan A, Schizas A, Kelleher C, Williams AB. Tech Coloproctol. 2023 Oct;27(10):859-866. doi: 10.1007/s10151-023-02822-1. Epub 2023 May 22.

Pelvic floor investigations for anal incontinence: Are they useful to predict outcomes from conservative treatment? Cuinas K, Ferrari L, Igbedioh C, Solanki D, Williams A, Schizas A, Hainsworth A. Neurourol Urodyn. 2023 Jun;42(5):1122-1131. doi: 10.1002/nau.25182. Epub 2023 Apr 3.

The association between levator plate integrity and pelvic floor defaecatory dysfunction. Hainsworth A, Solanki D, Ferrari L, Igbedioh C, Johnston L, Morris SJ, Igualada-Martinez P, Schizas AMP, Williams AB. Neurourol Urodyn. 2023 Mar;42(3):690-698. doi: 10.1002/nau.25119. Epub 2023 Jan 24.

Patient pathway in a tertiary referral pelvic floor unit: Telephone triage assessment clinic. Ferrari L, Cuinas K, Igbedioh C, Hainsworth A, Solanki D, Williams A, Sahai A, Kelleher C, Schizas A. Neurourol Urodyn. 2023 Jan;42(1):168-176. doi: 10.1002/nau.25063. Epub 2022 Nov 1.

Summary: 2021 International Consultation on Incontinence Evidence-Based Surgical Pathway for Pelvic Organ Prolapse. de Tayrac R, Antosh DD, Baessler K, Cheon C, Deffieux X, Gutman R, Lee J, Nager C, Schizas A, Sung V, Maher C. J Clin Med. 2022 Oct 17;11(20):6106. doi: 10.3390/jcm11206106.

Total pelvic floor ultrasound can reliably predict long-term treatment outcomes for patients with pelvic floor defaecatory dysfunction. Hainsworth AJ, De Robles MS, Ferrari L, Solanki D, Williams AB, Schizas A. Neurourol Urodyn. 2023 Jan;42(1):90-97. doi: 10.1002/nau.25051. Epub 2022 Sep 24.

Anal endosonographic assessment of the accuracy of clinical diagnosis of obstetric anal sphincter injury. Jones A, Ferrari L, Martinez PI, Oteng-Ntim E, Hainsworth A, Schizas A. Int Urogynecol J. 2022 Nov;33(11):2977-2983. doi: 10.1007/s00192-021-05044-x. Epub 2021 Dec 31.

Predicting outcomes of pelvic exenteration using machine learning. PelvEx Collaborative. Colorectal Dis. 2020. PMID: 32627312

Total Pelvic Exenteration for Locally Advanced and Recurrent Rectal Cancer: Urological Outcomes and Adverse Events. Omeair Khan, Dimitrios Patsouras, Manoj Ravindraanandan, Mohammad Muneeb Abrar, Alexis Schizas, Mark George, Sachin Malde, Ramesh Thuraiaraja, Mohammed S Khan, Arun Sahai. Eur Urol Focus. 2020. PMID: 32622667

Simultaneous pelvic exenteration and liver resection for primary rectal cancer with synchronous liver metastases: results from the PelvEx Collaborative. PelvEx Collaborative. Colorectal Dis. 2020. PMID: 32294308

Outcomes of emergency laparotomy in patients on extracorporeal membrane oxygenation for severe respiratory failure: A retrospective, observational cohort study. C McCann, K Adams, A Schizas, M George, N A Barrett, D L A Wyncoll, L Camporota. J Crit Care. 2019. PMID: 31301640

Changing outcomes following pelvic exenteration for locally advanced and recurrent rectal cancer. PelvEx Collaborative. BJS Open. 2019. PMID: 31388644

The International Continence Society (ICS) report on the terminology for adult male lower urinary tract and pelvic floor symptoms and dysfunction. Carlos D'Ancona, Bernard Haylen, Matthias Oelke, Luis Abranches-Monteiro, Edwin Arnold, Howard Goldman, Rizwan Hamid, Yukio Homma, Tom Marcelissen, Kevin Rademakers, Alexis Schizas, Ajay Singla, Irela Soto, Vincent Tse, Stefan de Wachter, Sender Herschorn, Standardisation Steering Committee ICS and the ICS Working Group on Terminology for Male Lower Urinary Tract & Pelvic Floor Symptoms and Dysfunction. Neurourol Urodyn. 2019. PMID: 30681183

Surgical and Survival Outcomes Following Pelvic Exenteration for Locally Advanced Primary Rectal Cancer: Results from an International Collaboration. PelvEx Collaborative. Ann Surg. 2017 Sep 21.

Integrated total pelvic floor ultrasound in pelvic floor defaecatory dysfunction. Hainsworth AJ, Solanki D, Hamad A, Morris SJ, Schizas AM, Williams AB. Colorectal Dis. 2017 Jan;19(1):O54-O65

The future of pelvic floor services in the UK. Hainsworth AJ, Schizas AM, Brown S, Williams AB. Colorectal Dis. 2016 Nov;18(11):1087-1093

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Hot pelvic exenteration: is it worth it? Patsouras D, Schizas A, George ML. Int J Colorectal Dis. 2016 Feb 1.

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Colovesical fistula: should it be considered a single disease? Kiani QH, George ML, Carapeti EA, Schizas AM, Williams AB. Ann Coloproctol. 2015 Apr;31(2):57-62

A review of functional pelvic floor imaging modalities and their effectiveness. Ahmad AN, Hainsworth A, Williams AB, Schizas AM. Clin Imaging. 2015 Jul-Aug;39(4):559-65. doi: 10.1016/j.clinimag.2015.02.013.

Novel application of anal fistula plug for the treatment of chronic anastomotic sinus. Patsouras D, Schizas A, George ML. Int J Colorectal Dis. 2015 Dec;30(12):1735-6.

Bleeding pseudoaneurysm of the internal iliac artery after extended resection for advanced rectal cancer: report of two cases. Rottoli M, Sabharwal T, Schizas AM, George ML. Int J Colorectal Dis. 2014 Jul 11

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Anal canal vector volume manometry. Schizas AM, Emmanuel AV, Williams AB. Dis Colon Rectum. 2011 Jun;54(6):759-68.

Books

Chapter 1. Anorectal Investigations. Schizas AMP, Williams AB. 'Companion to Specialist Surgical Practice - Colorectal Surgery', edited by Professor Robin Phillips, 5th Edition. 2013

Chapter 1. The Normal Anus. Schizas AMP, Williams AB. Anus: Surgical Treatment and Pathology, edited by Richard Cohen and Alastair Windsor. 2013.

Chapter 1. Anorectal Investigations. Schizas AMP, Williams AB. 'Companion to Specialist Surgical Practice - Colorectal Surgery', edited by Professor Robin Phillips, 4th Edition. 2009

Viva Tutorials for Surgeons in Training. Johnson R, Schizas A, Sahai A, Modarni B, Epstein J, Krishnan A, Patterson P. Greenwich Medical Media Limited. 2004.

Anatomy Tutor for Surgeons in Training. Johnson R, Schizas A, Sahai A, Epstein J, Krishnan A, Patterson P. Greenwich Medical Media Limited. 2003.