

CHRISTINA NIOVI KONTOGHORGHE
CURRICULUM VITAE SUMMARY

MBBS, BSc, MRCS, MSc, PGDip, FRCS (Tr & Orth)
Post CCT Trauma and Orthopaedic Surgeon

ACADEMIC QUALIFICATIONS/FELLOWSHIPS

FRCS (Trauma & Orthopaedic Surgery)	Royal College of Surgeons of England	2025
Postgraduate Diploma Sports, Exercise and Health Medicine (Merit)	University College London	2023
MSc- Trauma Sciences (Distinction)	University of Cape Town	2021
MRCS	Royal College of Surgeons of England	2016
MBBS (Distinction in General Practice)	Imperial College London	2014
BSc Honours -Medical Sciences with Haematology (2.1)	Imperial College London	2012

RESEARCH FUNDING

University of Cape Town, Department of Trauma and Orthopaedics, Scholarship, 2019, 2020	Scholarship to undertake MSc in Trauma Sciences at University of Cape Town covering registration fees	£3,600
Ethicon Foundation Fund Travel Grant, 2019	Award to help towards travel costs to Cape Town for unpaid supernumerary registrar post/ MSc	£800

PUBLICATIONS

32 peer-reviewed publications- 9 first author, examples:

United Kingdom Pregnancy in Orthopaedics (UK-POP): A Cross-Sectional Study of UK Female Trauma and Orthopaedic Surgeons and their Experiences of Pregnancy.

Kontoghiorghe CN, Morgan C, Eastwood D, McNally S.
Bone Jt Open. 2023 Dec PMID: 38109925

Train related injuries: A descriptive analysis highlighting orthopaedic injuries and management.

Kontoghiorghe CN, Graham SM, Rodriguez J, Matzopoulos R, Maqungo S.
SICOT J. 2021 PMID: 34402792

Establishing a consensus on research priorities in orthopaedic trauma within South Africa.

Graham SM, Render L, Maqungo S, Ferreira N, Marais LC, Held M, Laubscher M; Orthopaedic Research Collaboration in Africa (ORCA). Eur J Orthop Surg Traumatol. 2023 PMID: 36752822 (Collaborator)

The impact of COVID-19 on trauma and orthopaedic surgery in the United Kingdom

Charles N. Wallace, Christina Kontoghiorghe, Barbar Kayani, Justin S. Chang, Fares S. Haddad
Bone & Joint Open, 2020 PMID: 33215133

World health dilemmas: Orphan and rare diseases, orphan drugs and orphan patients.

Kontoghiorghe CN, Andreou N, Constantinou K, Kontoghiorghe GJ.
World J Methodol. 2014 PMID: 25332915

Publications focus on trauma and orthopaedics, global trauma, the impact of COVID on orthopaedic services, orphan and rare diseases, thalassaemia, iron chelation and free radical pathology.

PRIZES AND AWARDS

Travelling Fellowship Grant (£10,000)	British Orthopaedic Association	2026
Travelling Fellowship Grant (£750)	Middlesex and UCLH Orthopaedic Society	2026

Sir Rodney Sweetnam Prize	Middlesex and UCLH Orthopaedic Society	2023
Stephan Perren AOTrauma Research Travelling Fellowship	AOTrauma	2020
Lester Lowe SICOT Award	SICOT	2019
Leadership Merit	North Central Thames Foundation School	2016
Colours Award	Imperial College Union	2011
Half Colours Award	Imperial College Union RCC	2011

NATIONAL AND INTERNATIONAL PRESENTATIONS

29 national and international podium and poster presentations, examples:

- Train accidents: Orthopaedic injuries and management at a level 1 trauma centre in Cape Town; SAOA Cape Town, South Africa 2021
- United Kingdom Pregnancy in Orthopaedics (UK- POP): A Cross- Sectional Study of UK Female Orthopaedic Surgeons and their Experiences of Pregnancy; BOA/ Best of the Best, Liverpool 2023

RESEARCH AND TEACHING

- Lead investigator, United Kingdom Pregnancy in Orthopaedics (UK- POP)
- Reviewer, Bone & joint Open and SICOT journals
- ATLS Instructor
- Member- Postgraduate Research Institute, Cyprus

EMPLOYMENT DETAILS

April 2026 - present	Extremity Trauma Fellow Royal London Hospital, Mr Peter Bates
Oct 2019 – October 2026	Specialist Training Registrar, Trauma and Orthopaedic Surgery North Central and East London Rotation (UCLH)
Nov 2018- Aug 2019	Unpaid Supernumerary Registrar, Trauma and Orthopaedic Surgery Groote Schuur Hospital, Cape Town
Aug 2016 – Aug 2018	Core Surgical Training Health Education Kent, Surrey and Sussex
Aug 2014 – Aug 2016	Academic Foundation Training North Central Thames Foundation School

ELECTIVES - CLINICAL

Trauma and Orthopaedics October 2023	Georgetown Public Hospital Corporation/ World Orthopaedic Concern, Guyana
Gynaecological Surgery May 2014	Bethel Teaching Hospital/ Wings of Healing Addis Ababa, Ethiopia
Cardiothoracic Surgery and Trauma April 2014	Groote Schuur Hospital, Cape Town, South Africa
Trauma and Orthopaedics August 2013	St Mary's Hospital London, UK

MANAGEMENT AND LEADERSHIP

- UCLH Trauma and Orthopaedic Society President, 2021- 2022
- UCLH Trauma and Orthopaedic Society Education Lead 2020- 2021
- BJJ (The Bone & Joint Journal) Life Team Member- Trauma
- BOSTAA trainee committee member 2020- 2021

EXTRACURRICULAR ACTIVITIES

Yoga: Certified yoga instructor (500 hours)

Running: I am a keen runner and have completed the London Marathon

Volunteering: London Olympic Games 2012, Virgin London Marathon 2018 & 2023