

Curriculum Vitae

Mr Jaskarn Rai

BPharm, MBChB, FRCS (*Urol*), DM

Consultant Urological Surgeon
Leicester General Hospital

Honorary Senior Lecturer
University of Leicester

Trainee Programme Director – East Midlands Urology Registrars

Personal Details

Name: Mr Jaskarn Rai

Medico-Legal Administration

Telephone number: 07385473768

Email address: admin@medicolegalkp.com

Correspondence address: Address: Pinedale, 8 Prestbury Road, Wilmslow, Cheshire, SK9 2LJ

Professional Summary

I am a consultant Urological Surgeon, with an interest in Female Urology, Andrology and Genitourethral reconstruction in Leicester since 2016. My research background includes a lab based Doctorate of Medicine in Prostate Cancer. I have completed fellowships in Female Urology in UHL and Reconstructive Urethral Surgery in Pune, India. I perform urethral repair in females for diverticular and stricture disease as well as vesicovaginal fistula repair and removal of mesh from the bladder and urethra and accept tertiary referrals from the region. I teach on the undergraduate curriculum at Leicester Medical School (currently Undergraduate block lead for Urology). I am the Trainee Programme Director for East Midlands Urology trainees.

Medicolegal practice

I have been undertaking medico-legal work for over three years and accept instructions in both clinical negligence and personal injury matters, with an approximate claimant/defendant split of 90:10.

My areas of expertise include general urology, neurological bladder dysfunction (including cauda equina syndrome), urinary incontinence, mesh complications, urinary tract injuries and reconstructive urology. I also undertake urological assessments following personal injury.

I offer both remote and face-to-face assessments, with appointments available at Leicester Nuffield Hospital. I have attended court as an expert witness, prepare reports in accordance with CPR Part 35, and attended the UK Medico-Legal Conference 2026.

Areas of Expertise

General Urology
Female Urology
Neuro-urology
Neurological Bladder Dysfunction
Cauda Equina Syndrome
Urinary Incontinence
Incontinence Surgery

Mesh-related Complications
Urinary Tract Injuries
Reconstructive Urology
Urethral Stricture Disease
Genitourinary Reconstruction
Personal Injury Urological Assessment

Education and Qualifications

2017 Honorary Senior Lecturer – The college of Medicine, biological Sciences

- and Psychology, Leicester
- 2014 Fellowship of The Royal College of Surgeons (*Urol*) England
- 2014 Doctorate of Medicine and Health – University of Nottingham
- 2013 Leadership Action Learning Program - Health Education East Midlands

- 2007 Membership of the Royal College of Surgeons

- 2003 MB ChB (4 year accelerated course) - Leicester Warwick Medical School
- 1998 Membership of The Royal Pharmaceutical Society of Great Britain
- 1997 Bachelor of Pharmacy (Honors) 2.1 - King's College London (University of London)

Courses Attended

Research

- 2008 Introduction to Research Methods, University of Nottingham
- 2008 Systematic Reviews, University of Nottingham

Teaching

- 2008 Teaching and assessing practical skills, University of Nottingham

Clinical

- 2016- 7th Female Urology and Urogynaecology Masterclass UCLH
- 2020
- 2016 Pelvic Floor neuromodulation, European continuing medical training, Antwerp, Belgium Advanced Course 2022 (Versailles, Paris)
- 2016 Mentor for the Junior Doctors Building Safety Improvement Skills (BaSIS) programme
- 2016 Training and Assessment in the Clinical Environment (TrACE) (HEEM)
- 2015 Train the Trainer (HEEM)
- 2014 BAUS FRCS (Urol) revision Course, Royal College of Surgeons England.
- 2013 Understanding Bladder Function and Urodynamics, BAUS
- 2012 Mastering your Risk, Medical Protection Society
- 2012 Genitourethral Reconstruction Masterclass, University College London
- 2012 Urological Anatomy for Surgery, Royal College of Surgeons England.
- 2011 CCrISP: Care of the Critically Ill Surgical Patient, Royal Derby Hospital.
- 2007 PLS: Paediatric Life Support course, University Hospitals Coventry and Warwickshire
- 2005 BSS: Basic Surgical Skills Course, Leicester General Hospital
- 2004 ALERT: Acute Life-threatening Events Recognition and Treatment course, University Hospitals Coventry and Walsgrave
- 2003 Intermediate Life Support course: University Hospitals Coventry and Warwickshire
- 2008 ILS: Introduction to Research Methods, University of Nottingham
- 2008 Systematic Reviews, University of Nottingham

Memberships. FRCS (Urol), MRCS, BAUS, MPS, EAU

Conferences Attended

2017, European Association of Urology – EXCEL, London
2012,2011
2016 – British Association of Urological Surgeons – Liverpool
2021,
2023
2015 Institute for Health Improvement and British Medical Journal - Quality
forum – Excel, London
2015 European Society of Oncological Urology – Munich.
2010-2019 East Meets West- Midlands Urology Group Meeting.
2011 European Association of Urology – European Society of Urological
Cancer - London.
2010 U REG 2010 institute of Physics, London
2009 British Association of Urological Surgeons – Glasgow
2009 Prostate cancer translational research in Europe – Amsterdam
2009 European Association of Urology - 2nd European multidisciplinary
meeting on Urological Cancers, Barcelona, Spain.
2009 Young Prostate Researchers Symposium - Cambridge.
2008 British Association of Urological Surgeons section of Oncology –
Glasgow.
2008 7th East Midlands Proteomics Workshop – Nottingham Trent
University, Nottingham.
2008 British Association of Urological Surgeons - Manchester

Publications

- Paraurethral leiomyoma in a post-menopausal woman: a case report (2023)
Brodie, A. Rai, J. Aristeidis, A. Ravindra, P. African Journal of Urology
- Outcomes of a Noninferiority Randomised Controlled Trial of Surgery for Men
with Urodynamic Stress Incontinence After Prostate Surgery (MASTER) (2021)
Abrams P. on behalf of MASTER Trial Team RAI J. PI for Leicester, European
Urology
- Successful treatment of a rare Cowper's bulbourethral gland syringocele in an
adult with endoscopic laser deroofting using a rigid ureteroscope
Sheena Patel and Jaskarn Rai
Journal of Clinical Urology (2020)
- The surgical options for Hunner's lesions: an update (2020) Bates A. Rai J.
Goddard J The Journal of Clinical Urology

- Surgical treatment of stress urinary incontinence in women (2018)
Obloza A, Rai J., Teo R. Obstetrics and Gynaecology reproductive medicine
- Comparison of Erectile Dysfunction guidelines between the UK (BSSM/NICE) and Europe (EAU). (2016) Rai J. and Terry T. Journal of clinical Urology
- Is scrotal ultrasound scan necessary in patients with clinically suspected benign testis pathology? (2017) Wardak S., Rai J., Khan M. Journal of Clinical Urology
- *Rapamycin Sensitive Signaling and IGF-1 in Prostate Cancer*, (2013), Rai J.S., DM, University of Nottingham
- *Urinary Incontinence in Females Part 2:* (2015), Rai J. S. and Terry T., Urology News
- *Urinary incontinence in females Part 1:* (2015), Rai J. S, and Terry T. Urology News
- *Ejaculatory dysfunction a review of current guidelines and practice* (2014), Rai J. S., Goddard. J. C, Urology News
- *Urinary Incontinence in Adults:* (2013), Rai J. S. and Parkinson R. J., Surgery
- *ABC of Trauma 5th Edition* (2013) - Chapter 10 Urology Rai J. S., Malaseker A., Terry T., Deane A.
- *The urinary tract.* Rai J. S., Malalasekera A, Terry T, Deane A. (2014) BMJ.
- PSA density as a predictor of prostate cancer (2013) Bowen, M. Jayakumar, K. Claxton, S. Rai, J. International journal of Surgery
- *EMQs and MCQs for Surgery Finals - Urology Chapter.* (2010) Rai J. S., Blackwell Publishers.
- *Mammalian Target of Rapamycin: A New Target in Prostate Cancer* (2009), Rai J. S., Henley M. J., Ratan H. L. Urologic Oncology

Posters

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| 2015 | Triage Diagnostics
Institute for Health Improvement and British Medical Journal - Quality forum
– Excel, London
Habib A. and Rai J. S. |
| 2015 | Is scrotal Ultrasound scan necessary in patients with clinically suspected benign testis pathology?
British Association of Urological Surgeons - Manchester
Wardack S., Rai J. S., Khan M. A. |
| 2015 | Glansectomy and partial penectomy for penile cancer under local anaesthetic
European Society of Sexual Medicine - Copenhagen
Wardack S., Rai J. S., Khan M. A. |
| 2013 | PSA density as a predictor of prostate cancer |

- European Association of Urology meeting on Urological Cancers, Marseilles, France
Bowen M., Kumar J. K., Rai J. S.
- 2009 The Effect of Combined use of Rapamycin and an- Anti-IGF receptor
European Association of Urology - 2nd European multidisciplinary meeting on Urological Cancers, Barcelona, Spain.
Rai J. S., Henley M. J., Ratan H. L.
- 2009 The Effect of Combined use of Rapamycin and an- Anti-IGF receptor
Young Prostate Researchers Symposium - Cambridge.
Rai J. S., Henley M. J., Ratan H. L.
- 2008 The Effect of Combined use of Rapamycin and an- Anti-IGF receptor
British Association of Urological Surgeons section of Oncology – Glasgow.
Rai J. S., Henley M. J., Ratan H. L.
- 2008 The Procedure Band, A Simple Way to Prevent Wrong Site Surgery? – A 40,000 patient trial
British Association of Urological Surgeons
Henley M. J., Rai J. S., Hersey N, Chilton C. P.

Audits

- 2014 Quality improvement project assessing and addressing Urology triage – University Hospitals of Leicester
- 2013 Comparison of E-discharge print outs and patient records – University Hospitals of Nottingham
- 2012 Penile cancer surgery rates and complications - University Hospitals of Leicester
- 2010 Transobturator tape outcomes for Stress urinary incontinence – single surgeon practice – Royal Derby Hospital NHS trust
- 2007 Assessment of analgesia times in minors patients – University Hospitals of Coventry and Warwickshire
- 2006 Chemotherapy regimes outcomes in Pancreatic Cancer - University Hospitals of Leicester
- 2005 Right Hemicolectomy Audit: Suturing versus stapling in anastomosis formation - University Hospitals of Leicester
- 2004 Heart Failure Audit: Comparison of UHL management of Heart failure patients and NICE guidelines

Teaching Experience

I worked as teaching/Research Fellow for two years at the University of Nottingham. These sessions were divided between lecture/presentation based tutorials to ward based teaching. I also facilitated various structured teachings for the undergraduates from years' two to five of both the four and five year medical degrees. I continue to teach urology firm based students as well as give tutorials to the rest of the medical students. I have been involved in delivering teaching sessions in quality improvement at Leicester Medical School, I also coordinated QI student projects within UHL. I am an examiner for Leicester Medical School's 4th and 5th year exams. I have taught on the Quality and Professionalism module led by Doctor Ron Hsu. I have been a mindfulness mentor for year one medical students. I am currently the undergraduate

block lead for Urology and I am the current East Midlands Urology Trainee Programme Director.

Employment Details

01/02/16 - Present Consultant Urological Surgeon, Leicester General Hospital
Spire Hospital Leicester, Nuffield Hospital Leicester, The
Health Suite Leicester, Royal Derby Hospitals Derby

Urology Registrar (NTN) Urology East Midlands Deanery

20/10/15- 01/01/16 Visiting Fellow In reconstructive Urology, Kulkarni Endo
Surgery Institute, Pune, India

25/04/15 - 20/10/15 Female Urology Fellowship Leicester General Hospital

29/03/14 - 24/03/15 ST6/7 Leicester General Hospital

29/03/13 - 28/03/14 ST5/6 Nottingham City Hospital

02/04/12 - 28/03/13 ST4/5 Leicester General Hospital

06/04/11 - 01/04/12 ST3/4 Kingsmill Hospital, Mansfield

04/08/10 - 05/04/10 ST3 Royal Derby Hospital

LAT Registrar Urology

02/12/09– 03/08/10 ST3 Royal Derby Hospital

Urology Research/Teaching Fellow

05/11/07 – 01/12/09 Derby City Hospital and University of Nottingham at Derby.

Senior House Officer Posts

08/07 – 11/07 Thoracic Surgery – University Hospitals of Coventry and
Warwickshire, Coventry

02/07 – 08/07 Accident and Emergency – University Hospitals of Coventry
and Warwickshire, Coventry

08/06 – 02/07 Trauma and Orthopaedics – Royal Derby Hospital

02/06 – 08/06 Oncology – Leicester Royal Infirmary

08/05 – 02/06 Urology – Leicester General Hospital

02/05 – 08/05 Cardiothoracic Surgery – Glenfield Hospital, Leicester

08/04 – 02/05 Colorectal Surgery – Leicester General Hospital

Pre-registration House Officer Posts

05/04 - 08/04 Urology – Edith Cavell Hospital, Peterborough.

02/04 – 05/04 Vascular Surgery - Peterborough District Hospital.

08/03 – 02/04 Integrated Medicine, Leicester Royal Infirmary, Leicester.

Pharmacist

03/99 – 02/03 Full time for one year (Pharmacy Manager) and then
weekends through medical school as locum Pharmacist.

Skills and Aptitudes

Communication skills

Skills: written and oral communication skills and many year's experience in patient counselling and liaising with work colleagues. I have a fellow ship in leadership and

management and have been a Mindfulness instructor at the Leicester medical school for the two years that the course was run for. I am both a clinical and educational supervisors for Urology SpRs as well as educational Supervisor for Foundation years and Mentor for Medical Students.

Clinical Skills

CCT Urology, fellowships in Female Urology (six months), Reconstructive Urethral Surgery (3 months).

Computer literacy

Competent using the following database, systems and packages: Medline, Cochrane Library, Word, Access, Excel, PowerPoint, Outlook, Prism and the Internet.

Interests

I enjoy travelling and meeting people from different cultures and trying new cuisines. I consider myself to be a keen sportsman, having attained a black belt in Tae kwon-do. I also work out regularly in the gym. I like watching movies and on occasion have seen many West End shows. I am an avid reader and currently have a collection of books, which total to just over six hundred. I have renovated my house by doing lots of restoration projects, I did most of the work myself so that I may improve on my practical skills as well as saving on money. I enjoy researching new technologies and in particular their application to surgery.

References

Available upon request