CURRICULUM VITAE

Dr Reston Smith

B Med Sci, BM, BS, FRCA, FCICM

Consultant in Intensive Care Medicine

PERSONAL DETAILS

Name	Reston Nicholas SMITH
E-mail	restonsmith@hotmail.com
Nationality	British
GMC Registration	6077378 (Full)
FICM Registration	680303
Current Appointments	**Southmead Hospital, North Bristol NHS Trust** Consultant in Intensive Care Medicine

CLINICAL EXPERIENCE

I am a Consultant dual trained in Intensive Care Medicine and Anaesthesia. I was appointed as a Consultant in Intensive Care Medicine and Anaesthesia at North Bristol NHS Trust in 2014.

Southmead Intensive Care Unit (ICU) admits 2500 patients per year and is one of the busiest in the country. It is a regional specialist centre for Major Trauma, Vascular, Neurosciences, Burns and Renal Medicine. My everyday clinical practice includes caring for patients who are admitted to the ICU from most medical and surgical specialties as well as the specialist services provided at Southmead Hospital. I do not provide treatment to paediatric patients nor cardiothoracic surgical patients.

In addition to my clinical work, I have undertaken roles as the morbidity and mortality lead for the ICU. I was the Clinical Governance Lead for the division of Anaesthesia, Surgery, Critical Care and Renal (ASCR), managing the governance processes for all surgical and medical specialist areas. Between July 2020 and December 2023, I was the Divisional Clinical Director for ASCR; the accountable officer for all clinical practice, performance, and finance for a division with circa 3000 non-clinical and clinical staff members providing planned, urgent and emergency care to inpatients and outpatient. I was the Deputy Chief Medical Officer (Safety and Clinical Effectiveness) for the Royal United Hospitals Bath between December 2023 and April 2025.

MEDICOLEGAL EXPERIENCE

I have been doing medicolegal work since 2020. I undertake a mix of claimant (5%), defendant (90%) and coronial (5%). I undertake 20 new cases per year and would expect 2-3 attended court cases per year. I aim to provide reports within 3 weeks of receiving the records and do not carry out face to face patient assessments as these are not relevant to my practice.

UNDER-GRADUATE QUALIFICATIONS

2001 Bachelor of Medical Sciences (Hons) (B Med Sci)
The University of Nottingham

2003 Bachelor of Medicine, Bachelor of Surgery (BM, BS)
The University of Nottingham

POST-GRADUATE QUALIFICATIONS

2011 Fellow of the Royal College of Anaesthetists (FRCA)
Royal College of Anaesthetists, London

2013 Fellow of the College of Intensive Care Medicine (FCICM)
College of Intensive Care Medicine, London

SOCIETY MEMBERSHIPS

Royal College of Anaesthetists

College of Intensive Care Medicine

Society of Intensive Care of West of England

PUBLICATIONS

PEER REVIEWED PUBLISHED ARTICLES

Central venous catheters.
Smith R, Nolan J. *British Medical Journal* 2013; 347: f6570

PUBLISHED ABSTRACTS

Extremes of BMI are increasing and show increased morbidity and mortality following cardiac surgery.
Smith R, Murdoch H, Linter S, Monk C. *Intensive Care Medicine* 2010; 36(supp 2):S202

CORRESPONDENCE

Simultaneous ventilation of two healthy subjects with a single ventilator.
Smith R, Brown J. *Resuscitation* 2009; 80(9):1087

Raised intra-cranial pressure – sodium bicarbonate as an alternative hyperosmolar therapy.
Smith R, Thomas M, Brown J. *Journal of Neurosurgical Anesthesiology.* 2008; 20(2):158

Scotland vs England "Anaesthetic practitioner" or "Physician Assistant-Anaesthesia"?
May A, Pettigrew T, Smith R. *Anaesthesia* 2007; 62(5):537-8

PRESENTATIONS

ORAL PRESENTATIONS TO LEARNED SOCIETIES

Managing Emergencies in Paediatric Anaesthesia (MEPA): Where are we now?
MEPA National Meeting, Freeman Hospital, Newcastle 2011. Smith R

Extremes of BMI are increasing and show increased morbidity and mortality following cardiac surgery.
European Society of Intensive Care Medicine, Annual Congress, Barcelona 2010. Smith R, Murdoch H, Linter S, Monk C.

POSTER PRESENTATIONS TO LEARNED SOCIETIES

Audit of transfer of patients with acute brain injury.
Intensive Care Society, The State of the Art Meeting, London 2011. Smith R, Carey A, Oliver C.

MEPA – delivering simulation in paediatric anaesthesia.
Association of Paediatric Anaesthetists of Great Britain and Ireland, Annual Scientific Meeting, Torquay 2011. Smith R, Everett T.